

# BEAUTY BY DL

## SKIN CLARIFY

### ANTIOXIDANTS FOR A HEALTHY COMPLEXION<sup>†</sup>

CO-FORMULATED BY SHELENA LALJI, M.D.<sup>†</sup>

**SKIN CLARIFY** contains a clinically studied combination of antioxidants, special fruit extracts, and vitamins and minerals to promote a healthy complexion.<sup>‡</sup>



**DESIGNED** to support a clear complexion<sup>‡</sup>



**REJUVENATES** dull skin in individuals with skin imperfections<sup>‡</sup>



**ENHANCES** healthy skin appearance<sup>‡</sup>

AFTER TWO MONTHS, WOMEN WHO SUPPLEMENTED WITH **200 MCG OF CHROMIUM** HAD AN **IMPROVEMENT IN SKIN APPEARANCE.**<sup>‡\*</sup>



### INGREDIENT RESEARCH

- **Vitamin A palmitate** is converted to retinoic acid, which has been shown in clinical studies to support healthy skin by enhancing skin cell proliferation and collagen synthesis.<sup>‡</sup>
- **Selenium** is essential for selenoproteins, endogenous antioxidants involved in cellular defenses. It also may help maintain homeostasis during the normal aging of keratinocytes, as shown *in vitro*.<sup>‡</sup>
- **Zinc** is required daily and is an important factor in skin barrier function against oxidative stress. It also plays a role in skin health through cell division and DNA repair.<sup>‡</sup>
- Oral supplementation of **magnesium** combined with **vitamin B<sub>6</sub>** has been shown to support a reduction in stress, suggesting its beneficial impact on skin homeostasis.<sup>‡</sup>
- Improvement of skin appearance, wrinkle formation, and collagen synthesis have also been positively correlated with **vitamin C** levels.<sup>‡</sup>

<sup>†</sup>Dr. Shelena Lalji is a retained advisor to Douglas Laboratories.

<sup>\*</sup>Equivalent to ingredients in one dose of Skin Clarify

THERE'S SCIENCE IN BEAUTY™

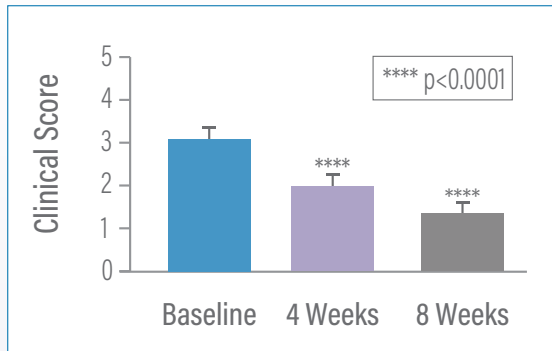
<sup>‡</sup>These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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## THE SCIENCE IN BEAUTY

### IMPROVEMENT IN SKIN COMPLEXION<sup>‡</sup>



Parameters of skin complexion were clinically evaluated using a visual analogue scale, a measurement instrument for subjective analysis of characteristics given by a score between 1 and 10 with a lower score indicating clear and radiant skin. Individuals who supplemented had a decrease in clinical score, which indicated an improvement in skin complexion. After 4 weeks, individuals who supplemented had a decrease in their average clinical score and the effect was more pronounced at 8 weeks when compared to baseline,  $p < 0.0001$  for both time points.<sup>‡</sup>

Internal Data 11809/EC/DIA-2009-01. Bio Ouest - île de Nantes, Nantes France. 2009.

WOMEN WHO SUPPLEMENTED WITH A COMBINATION OF **GRAPE SEED EXTRACT, MAGNESIUM, AND VITAMINS B<sub>6</sub> AND C** SAW IMPROVEMENTS IN **SKIN COMPLEXION, TEXTURE, SHINE, AND PORE DILATION** AFTER TWO MONTHS.<sup>‡\*</sup>

\*Equivalent to ingredients in one dose of Skin Clarify

## PRODUCT DETAILS

SUGGESTED USAGE: 2 DAILY (PL)

Serving Size 2 Vegetarian Capsules

Servings Per Container 30

### Amount Per Serving

Vitamin A (as retinyl palmitate)	725 mcg
Vitamin C (as ascorbic acid)	40 mg
Vitamin B <sub>6</sub> (as pyridoxine HCl)	1.5 mg
Magnesium (as magnesium amino acid chelate)	70 mg
Zinc (as zinc gluconate)	15 mg
Selenium (as selenomethionine)	200 mcg
Chromium (as chromium polynicotinate)	200 mcg
N-Acetyl-L-Cysteine	200 mg
Grape Seed Extract ( <i>Vitis vinifera</i> , 90% polyphenols)	135 mg
Baobab Fruit Extract ( <i>Adansonia digitata</i> )	100 mg

Other ingredients: Hydroxypropyl methylcellulose (capsule), microcrystalline cellulose, silica, ascorbyl palmitate

Formula	Size
202564	60 Vegetarian Capsules

(PL) Denotes private label-eligible formula

FOR ADDITIONAL SKIN SUPPORT, CONSIDER TAKING IN COMBINATION WITH **BEAUTY ESSENTIALS, OMEGA BEAUTY, AND SKIN PROBIOTIC+**<sup>‡</sup>