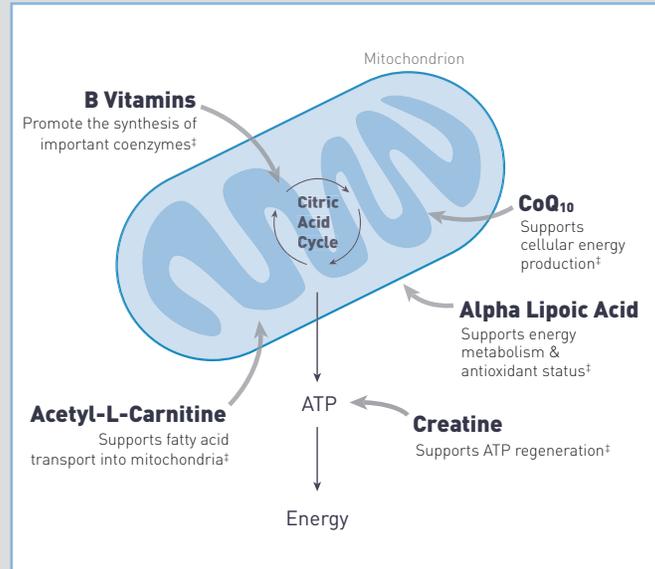


Key Nutrients for Mitochondrial Health and Energy Production[‡]



The unique combination of ingredients in MitoTone® Plus provide support for mitochondrial health, energy production and healthy aging. **Essential B vitamins**, such as thiamine, riboflavin and niacinamide, promote the synthesis of coenzymes (NADH, FAD and NAD) required by the citric acid cycle. **Coenzyme Q₁₀** (CoQ₁₀) is a key constituent of the electron transport chain (the means by which the mitochondria produce ATP) and an important antioxidant that helps protect the mitochondria from oxidative stress. **Alpha lipoic acid** is a coenzyme involved in energy metabolism and an essential amphipathic (water- and fat-soluble) antioxidant. **Acetyl-l-carnitine** supports the transport of fatty acids into the mitochondria where they are oxidized for energy. **Creatine** rapidly facilitates the reformation of ATP from ADP, providing an important energy reserve for the cell.[‡]