

Klean Calcium

DESCRIPTION

Klean Calcium provides highly bioavailable calcium citrate to support bone health. ‡

INDICATIONS

- Bone density and bone health‡

FUNCTIONS AND MECHANISM OF ACTION

Calcium is an essential mineral that helps to maintain healthy bone density.¹⁻⁴ Multiple randomized, double-blind, placebo-controlled studies have reported positive results on bone mineral composition and bone health with calcium supplementation. Calcium citrate is a highly absorbable form of calcium.⁴ In a clinical study, calcium citrate suppressed markers of bone resorption more effectively than calcium carbonate.^{5‡}

FORMULA

Supplement Facts		
Serving Size 2 Capsules		
Servings Per Container 60		
	Amount Per Serving	%DV
Calcium (as calcium citrate)	300 mg	23%
% Daily Value (DV)		

Other ingredients: Capsule (hydroxypropyl methylcellulose), ascorbyl palmitate

SUGGESTED USE

As a dietary supplement, take 2 capsules, 1-3 times daily with a meal or as directed by a trainer, coach, or health professional.

WARNING

If you are pregnant or nursing, have any health condition or are taking any medication, consult your health professional before use.

STORAGE

Store in a cool, dry place. Keep out of reach of children.

REFERENCES Ruml LA, Sakhaee K, Peterson R, Adams-Huet B, Pak CY. Am J Ther. 1999 Nov;6(6):303-11.

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4. Heller HJ, Stewart A, Haynes S, Pak CY. J Clin Pharmacol. 1999 Nov;39(11):1151-4.
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For more information on Klean Calcium, visit kleanathlete.com

‡These statements have not been evaluated by the Food and Drug Administration.

This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured for:
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