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This product contains NO yeast, wheat, gluten, soy, milk/dairy, corn, sodium, sugar, starch, artificial coloring, artificial preservatives or genetically modified organisms (GMOs).

**Suggested Usage:** As a dietary supplement, adults take 1 tablet three times daily or as directed by your healthcare professional.

OptiMSM® (distilled methylsulfonylmethane) is a proprietary ingredient exceeding industry standards for optimal purity.

OptiMSM® is a registered trademark of Bergstrom Nutrition, Inc.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

MSM

# MSM + Vitamin C Fundamental Sulfur

A Dietary Supplement



100 Tablets

## Supplement Facts

Serving Size 1 Tablet  
Servings Per Container 100

Amount Per Serving	%DV
Vitamin C (as L-ascorbic acid) ..... 100 mg	167%
Molybdenum ..... 25 mcg (as molybdenum Krebs‡)	33%
Methylsulfonylmethane (MSM) ..... 500 mg	*

\*Daily Value not established.

Other ingredients: Cellulose, stearic acid, magnesium stearate, silica, and ethylcellulose.

‡Krebs = Citrate, Fumarate, Malate, Glutarate, and Succinate Complex

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