

Policosanol

DESCRIPTION

Policosanol, provided by Douglas Laboratories, supplies 10 mg of policosanol from sugar cane wax in each capsule.

FUNCTIONS

Policosanol is comprised of a mixture of several long chain fatty-alcohols including octacosanol, triacontanol and hexacosanol. Studied for the important roles it plays in cardiovascular health, policosanol is increasingly becoming recognized for its use in supporting healthy cholesterol levels already in the normal range.† In humans, randomized double-blind, placebo controlled clinical studies indicated that 5-20 mg of policosanol may provide beneficial effects to serum lipids. While the exact mechanism is still unknown, it is thought to play important roles in the inhibition of cholesterol synthesis, as well as providing antioxidant protection. Policosanol has been tested in thousands of patients, with minimal adverse side effects reported.

INDICATIONS

Policosanol may be a useful dietary adjunct for individuals who wish to support healthy cardiovascular function.

FORMULA (#99251)

Each Vegetarian Capsule Contains:

Policosanol (from sugar cane wax)* 10 mg

*Lesstanol® brand Policosanol

SUGGESTED USE

Adults take 1 capsule daily with meals or as directed by physician.

SIDE EFFECTS

No adverse side effects have been reported.

STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

Policosanol

REFERENCES

Castano G, Mas R, Gamez R, Fernandez L, Illnait J. Effects of policosanol and ticlopidine in patients with intermittent claudication: a double-blinded pilot comparative study. *Angiology*. 2004 Jul-Aug;55(4):361-71.

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Mas R, Castano G, Fernandez J, Gamez R, Illnait J, Fernandez L, Lopez E, Mesa M, Alvarez E, Mendoza S. Long-term effects of policosanol on obese patients with Type II Hypercholesterolemia. *Asia Pac J Clin Nutr*. 2004;13(Suppl):S102.

Varady KA, Wang Y, Jones PJ. Role of policosanols in the prevention and treatment of cardiovascular disease. *Nutr Rev*. 2003 Nov;61(11):376-83.

For more information on Policosanol visit douglaslabs.com

† These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured by
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Your patients trust you.**

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