

**S.B.C.****Saccharomyces Boulardii Capsules****DESCRIPTION**

S.B.C., provided by Douglas Laboratories, supplies 3 billion C.F.U. of beneficial *Saccharomyces boulardii* for gastrointestinal support.†

**FUNCTIONS**

Oral supplements of live, beneficial intestinal microorganisms for nutritional health and well being are known as probiotics. Bacteria are continually in competition for colonization space. The original bacterial colonies have an advantage over transient bacteria. Nevertheless, the composition of the intestinal microflora is dynamic and constantly changing.

If harmful organisms proliferate, the equilibrium is disturbed, and it becomes difficult even for indigenous bacteria to maintain their necessary territory to colonize the intestine. Antibiotics tend to kill off both beneficial and harmful bacteria, and thus may disturb the normal, healthy balance of intestinal microorganisms. *Saccharomyces boulardii* is a nonpathogenic yeast that can support the gastrointestinal tract.† Research studies have indicated that *S. boulardii* may work by modulating the body's immune response, thus helping to improve the response to undesirable microorganisms.

**INDICATIONS**

S.B.C. may be a useful dietary adjunct for individuals wishing to support their intestinal microflora with meaningful amounts of *Saccharomyces boulardii*.

**FORMULA (#9302)**

Each Capsule Contains:

*Saccharomyces Boulardii*.....3 billion C.F.U

Other ingredients: Cellulose, gelatin (capsule) and vegetable stearate.

**SUGGESTED USE**

Adults take 1 capsule three times daily with meals or as directed by a healthcare professional.

**SIDE EFFECTS**

No adverse side effects have been reported.

**STORAGE**

Store in a cool, dry place, away from direct light. May refrigerate after opening if desired. Keep out of reach of children.

**REFERENCES**

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Kirjavainen PV, Ouwehand AC, Isolauri E, Salminen SJ. The ability of probiotic bacteria to bind to human intestinal mucus. FEMS Microbiol Lett 1998;167:185-9.

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**For more information visit [douglaslabs.com](http://douglaslabs.com)**

† These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured by  
Douglas Laboratories  
600 Boyce Road  
Pittsburgh, PA 15205  
800-245-4440  
[douglaslabs.com](http://douglaslabs.com)



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