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Manufactured by:  
**Douglas Laboratories**

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[www.douglaslabs.com](http://www.douglaslabs.com) • 1.800.245.4440

Turmeric rhizome (*Curcuma longa* L.) provides the yellow color of many curry dishes. It is important in Ayurvedic medicine and modern research. Turmeric contains curcumin and an essential oil (turmerone, zingiberine.) This extract is standardized at 95% curcumin.

**Suggested Usage:** As a dietary supplement, adults take 1 capsule daily between meals, or as advised by your healthcare professional. If digestive irritation occurs, take with meals.

Stop use and consult your healthcare professional if allergic reactions occur. Note: If pregnant or nursing consult your healthcare professional before using this product.

**KEEP OUT OF REACH OF CHILDREN.**

For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

Formula #77377

# Turmeric Max-V

## Standardized Herbal Extract

95% curcumin  
A Dietary Supplement



60 Vegetarian Capsules

### Supplement Facts

Serving Size 1 Vegetarian Capsule  
Servings Per Container 60

Amount Per Serving	%DV
Turmeric Herbal Extract..... 100 mg (rhizome) ( <i>Curcuma longa</i> L.) Standardized to provide 95 mg curcumin	*
Turmeric..... 100 mg (rhizome) ( <i>Curcuma longa</i> L.) (non-standardized)	*

\*Daily Value not established.

Other ingredients: Cellulose, hydroxypropyl methylcellulose, vegetable stearate and silica.