

Ayur-Curcumin

DESCRIPTION

Ayur-Curcumin, provided by Douglas Laboratories®, supplies 300 mg of standardized turmeric in each capsule.

FUNCTIONS

Turmeric (*Curcuma longa*) is a traditional spice and herb used in India. Curcumin, a yellow coloring agent in turmeric is recognizable in many Indian food dishes. Traditionally, Ayurvedic medicine has used turmeric cosmetically and for various ailments including cardiovascular and neurological function. Studies have shown that curcumin contains antioxidant properties and can assist in the regulation of physiological responses. † Researchers believe curcumin's mechanism of action is likely mediated through its ability to inhibit cyclooxygenase-2 (COX-2), lipoxygenase (LOX), and induce nitric oxide synthase. These enzymes are usually up regulated during the body's normal physiological response, and curcumin's beneficial effects may support the regulation of COX-2 and LOX enzymes compared to conventional therapies. †

INDICATIONS

Ayur-Curcumin may be a useful dietary adjunct for individuals wishing to supplement with turmeric.

FORMULA (#7683)

1 Capsule Contains:

Turmeric (*Curcuma longa*, rhizome) 300 mg
(Standardized to 95% curcumin)

SUGGESTED USE

Adults take 1 capsule daily with meals or as directed by a healthcare professional.

SIDE EFFECTS

No adverse side effects have been reported.

STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

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For more information on Ayur-Curcumin visit douglaslabs.com

† These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

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