G.F.S.-2000® Powder

Phytonutrient-rich greens for daily wellness[‡]

DESCRIPTION

G.F.S.-2000[®] Powder provides a powerful phytonutrient green food supplement with a concentrated blend of premium grasses, algae, vegetable powders, plus botanical extracts for cellular and liver support. This all-in-one formula includes prebiotics and probiotics to support gastrointestinal and immune health.[‡]

INDICATIONS

• Plant-based phytonutrients and live probiotic cultures for daily wellness.[‡]

FUNCTIONS

G.F.S.-2000 Capsules[®] provides a wide variety of nutrients, herbs, antioxidants, probiotics and other important phytonutrients. Young grasses and several varieties of microalgae supply chlorophyll, carotenes, B-vitamins and trace elements for cellular support. Cruciferous vegetables broccoli and cauliflower offer sulforophane compounds, along with milk thistle, to support phase 2 liver detoxifying enzymes. Probiotic cultures provide friendly bacteria for the gastrointestinal tract and are nourished by prebiotic fructooligosaccharides that selectively feed beneficial colonies of microflora. Flavonoid-rich plant extracts, lecithin and other nutrient-dense foods offer a variety of additional health benefits, plus antioxidant activity from beta-carotene and vitamin C.[‡]

FORMULA (#55735P)

Two Scoops (4 tsp) contains:
Vitamin A3,900 mcg
(100% as natural Beta-Carotene)
Vitamin C (from acerola fruit powder)102 mg
Green Food Supplement
Providing:
Lecithin (from soy)4,000 mg
Wheat Grass Powder (Triticum aestivum, young leaf) 2,000 mg
Barley Grass Powder (leaves)1,000 mg
Alfalfa Grass Powder (leaves and stem)1,000 mg
Spinach Powder (aeriel parts)
Blue Green Algae:
Spirulina (lwhole plant)1,600 mg
Chlorella (whole plant,cracked-cell)1,600 mg
Broccoli (whole plant)1,600 mg
Cauliflower (edible curd)1,600 mg
Acerola Fruit Powder (<i>Malpighia glabra</i>)600 mg
Beet Root Powder400 mg
Green Tea Extract (leaf)100 mg
[Camellia sinensis, leaves]
Milk Thistle Extract (seed)100 mg
(Silybum marianum-, 80% silymarin, seed)
Ginkgo biloba Extract
(24% ginkgo flavone glycosides, 6% terpenes, leaf)
Bilberry Extract (leaf)
[Vaccinum myrtillus, fruit]
Grape Seed Extract (Vitis vinifera)
Probiotic Culture Blend
(as Lactobacillus rhamnosus, Lactobacillus acidophilus DDS-1,
Lactobacillus lactis, Bifidobacterium longum, Bifidobacterium bifidum and
Streptococcus thermophilus)

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SUGGESTED USE

As a dietary supplement, adults mix 2 scoops daily with 8 ounces of juice or water in a shaker bottle or mix a small amount in liquid then add remaining liquid, or as directed by a healthcare professional. Take with food.

SIDE EFFECTS

No adverse side effects have been reported.

STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

REFERENCES

Jhun JY, Moon SJ, Yoon BY, et al. *PLoS One*. 2013 Nov 5;8(11):e78843. Lin CS, Chang CJ, Lu CC, et al. *Biomed* J. 2014 Sep-Oct;37(5):259-68. W Watson G, et al. *The AAPS Journal* [serial online]. October 2013;15(4):951-961. Ahmad N, Mukhtar H. *Nutr Rev* 1999;57:78-83. Bomser J, et al. *Planta Med* 1996;62:212-6. Clapper ML, et al. *Clin Cancer Res* 1997;3:25-30. Flora K, et al. *Am J Gastroenterol* 1998;93:139-43. Goldin BR. *Br J Nutr* 1998;80:S203-7. Hecht SS. *J Nutr* 1999;129:768S-774S. Kleijnen J, Knipschild P. *Lancet*, 1992;340:1136-9. Paper DH. *Planta Med* 1998;64:686-95. Riva S, et al. *Acad Sci* 1998;864:70-80. Shapiro TA, Fahey JW, Wade KL, et al. *Cancer Epidemiol Biomarkers Prev* 1998;7:1091-100. Smith PF, Maclennan K, Darlington CL. *J Ethnopharmacol* 1996;50:131-9.

For more information on G.F.S.-2000[®] Powder visit douglaslabs.com

‡ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured by Douglas Laboratories 112 Technology Drive Pittsburgh, PA 15275 800-245-4440 douglaslabs.com



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