

## Hydrolyzed Collagen Plus With Hyaluronic acid + Cofactors

### DESCRIPTION

Hydrolyzed Collagen Plus is a unique formulation for skin and joint health.<sup>†</sup> Collagen peptides with hyaluronic acid and co-factors support the appearance of healthy skin by promoting collagen production, skin elasticity, and hydration, while lessening the appearance of fine lines and wrinkles.<sup>†</sup>

This product is water neutral, meaning that the powder can be mixed into a clear liquid or food with no change in color, taste or odor. Fruit, herbs or other flavorings may be added to make a refreshing beverage.

### FUNCTIONS

Humans have an inner layer of the skin called the dermis, which is composed of collagen and elastin. Collagen is responsible for the resilience, strength, durability, elasticity, smoothness and the plump appearance of healthy skin. Intact collagen has a tightly bound protein structure and is hard to digest, but when broken down to its hydrolyzed (peptide) form it is easily absorbed in the intestinal tract and provides essential and non-essential amino acids.<sup>†</sup> Hydrolyzed collagen may provide support for the extracellular matrix by stimulating anabolic processes in skin tissue more than amino acids alone.<sup>†</sup> Skin moisture has also been shown to improve with the ingestion of collagen supplements.<sup>†</sup>

Hyaluronic acid (HA) and proteoglycans have a high water retention capacity and are important components in maintaining skin moisture. HA, which is produced mainly by fibroblasts and keratinocytes, is a well-known ingredient that holds water in the dermis. HA content is reported to decline with age, which may contribute to wrinkle formation and the decrease in elasticity of the skin. Hyaluronic acid appears to support the skin by promoting healthy turnover and renewal of keratinocytes, thus moderating the appearance of fine lines and age spots.<sup>†</sup> This product uses low molecular weight HA, which has shown to be better absorbed by the intestinal tract than high molecular weight HA.<sup>†</sup>

The formula contains vitamin and mineral co-factors, including vitamin C, to help in connective tissue formation, as well as copper and zinc in an ideal ratio to help link collagen threads together.<sup>†</sup> These also act as antioxidants in the body and have been shown in research to reduce the harmful effects of sun damage in epidermal skin cells.<sup>†</sup>

In addition to skin health, hydrolyzed collagen may support healthy joint function because collagen is a vital part of the joint and bone matrix.<sup>†</sup> Collagen peptides are a source of bioactive peptides, which offer benefits for our cellular metabolism.<sup>†</sup> Research shows that hydrolyzed collagen may stimulate the joint matrix cells to synthesize collagen, thereby helping to maintain the structure and comfort of the joint.<sup>†</sup>

### INDICATIONS

This product is recommended for promoting the production of collagen and enhancing the absorption of moisture in the skin.<sup>†</sup>

### FORMULA (#57717P-84X)

Serving size: 1 scoop (approx. 1.4 grams)

Vitamin C (as ascorbic acid) .....	50 mg
Zinc (from zinc gluconate).....	0.8 mg
Copper (from copper gluconate) .....	0.1 mg
Hydrolyzed collagen (from bovine) .....	1.25 g
Hyaluronic acid (as sodium hyaluronate).....	50 mg

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### SUGGESTED USE

Adults take one scoop of powder twice daily dissolved in water or beverage of choice, or as directed by your healthcare professional. This product mixes best by adding powder to cold or warm water and shaking well. Can also be added to yogurt or smoothies.

Please note that humidity and moisture may compromise the product's ability to dissolve. Store in a cool, dry place.

### SIDE EFFECTS

No adverse side effects have been reported.

### STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

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† These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured for  
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