

Manufactured by:  
**Douglas Laboratories**  
 600 Boyce Road  
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 1.800.245.4440

This product contains NO yeast, wheat, gluten, soy, milk/dairy, corn, sodium, sugar, starch, artificial coloring, artificial preservatives or genetically modified organisms (GMOs).

**Suggested Usage:** As a dietary supplement, adults take 4 tablets daily or as directed by your healthcare professional. This product is best taken with meals.

**Warning:** This product contains Vitamin K which interferes with the prescription drugs Coumadin and Warfarin. Do not take this product if taking either of these drugs.

KEEP OUT OF REACH OF CHILDREN.  
 For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

Formula #4544



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# Osteo-Support Formula

A Dietary Supplement



120 Tablets

## Supplement Facts

Serving Size 4 Tablets • Servings Per Container 30

Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A (25% as Vitamin A Palmitate/75% [15,000 IU] as Beta-Carotene).....	20,000 IU 400%	Manganese (from Manganese Aspartate/Sulfate Complex).....	15 mg 750%
Vitamin C (Ascorbic Acid).....	1,000 mg 1,667%	Chromium (Organically bound with GTF activity—low allergenicity).....	200 mcg 167%
Vitamin D-3.....	50 IU 13%	Molybdenum (from Molybdenum Krebs†).....	50 mcg 67%
Vitamin E.....	200 IU 667%	Potassium (from Potassium Aspartate/Chloride Complex).....	75 mg 2%
(as vitamin E Acetate/Succinate)			
Vitamin K.....	150 mcg 188%	Choline (from Choline Citrate/Bitartrate).....	20 mg *
Thiamine (as Thiamine mononitrate).....	50 mg 3,333%	Inositol.....	25 mg *
Riboflavin.....	25 mg 1,471%	Citrus Bioflavonoid Complex.....	100 mg *
Niacin/Niacinamide.....	120 mg 600%	PABA (para-Aminobenzoic Acid).....	50 mg *
Vitamin B-6 (as Pyridoxine HCl/Pyridoxal-5-Phosphate Complex).....	25 mg 1,250%	Vanadium (from Vanadium Krebs†).....	25 mcg *
Folic Acid.....	800 mcg 200%	Boron (from Boron Aspartate/Citrate Complex).....	1 mg *
Vitamin B-12 (cyanocobalamin).....	100 mcg 1,667%	Strontium (from Strontium Aspartate).....	10 mcg *
Biotin.....	300 mcg 100%	Trace Elements (from Sea Vegetation).....	100 mcg *
Pantothenic Acid.....	150 mg 1,500%	Aspartic Acid.....	280 mg *
(as d-Calcium Pantothenate)		Osteo-Support Proprietary Blend.....	500 mg *
Calcium (from Calcium Citrate/Ascorbate/Carbonate Complex).....	800 mg 80%	Black Cohosh (root/rhizome), Dong Quai (root), Fennel (seed), Licorice (root), Bioflavonoid complex, Hesperidin complex, Rutin, Grape seed extract, Betaine HCl, Glutamic Acid, N-Acetyl-L-Cysteine, L-cystine, L-Cysteine HCl, L-Methionine, Bromelain	
Magnesium (from Magnesium Aspartate/Ascorbate/Oxide Complex).....	400 mg 100%		
Zinc (from Zinc Aspartate/Krebs/Oxide Complex).....	20 mg 133%		
Selenium (Organic Selenium from Krebs† Cycle and Kelp).....	200 mcg 286%		
Copper (from Krebs†).....	2 mg 100%		

Other ingredients: Cellulose, stearic acid, carboxymethylcellulose, vegetable stearate and silica.

†Krebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex.

\*Daily Value not established.