

Amino-Mag 200™ **Magnesium Amino Acid Chelate**

DESCRIPTION

Amino-Mag 200™ is magnesium as an amino acid chelate delivering 200 mg of elemental magnesium per tablet.

INDICATIONS

- Support for cardiovascular and musculoskeletal health[‡]

FUNCTIONS

Magnesium provides key roles in heart, muscular and nerve health to support several physiological functions, including cardiovascular health and muscle function. This mineral is essential for healthy nerve impulse function, muscle contraction and acid/alkaline balance. Magnesium supports cardiovascular health by promoting arterial and endothelial function. Magnesium also is involved in carbohydrate and nutrient metabolism as it is responsible for activating the enzymes necessary for various physiological functions, including the metabolism of macronutrients, energy production and the utilization of calcium, phosphorus, sodium, and potassium. In addition, magnesium plays an important role in facilitating potassium utilization and promotes healthy bone metabolism as it is an essential bone matrix mineral.[‡]

FORMULA (202771)

Each tablet contains:

Magnesium (amino acid chelate*) 200 mg

Other ingredients: Microcrystalline cellulose, hydroxypropyl cellulose, croscarmellose sodium, coating (calcium carbonate, hydroxypropyl methylcellulose, isomalt, medium chain triglycerides), silica, stearic acid and vegetable stearate

*Amino acid chelate sourced from a proprietary blend of rice protein amino acids and glycinate/lysinate.

SUGGESTED USE

One tablet daily with food or as directed by a healthcare professional.

WARNING

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

REFERENCES

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For more information on Amino-Mag 200 visit douglaslabs.com

‡ These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

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