

## Zinc Picolinate

### DESCRIPTION

Zinc Picolinate capsules supply bioavailable zinc bound to picolinic acid. Each capsule contains 15 mg zinc, exclusively in the form of zinc picolinate.

### FUNCTIONS

Zinc is a constituent of over two dozen enzymes involved in digestion and metabolism, including carbonic anhydrase, which is vital to tissue respiration. Zinc is essential for the healthy storage and metabolism of carbohydrates, as well as the absorption and function of B vitamins. It plays an important role in supporting the body's defense system, promoting healthy neutrophil, natural killer cell and T-lymphocyte function. Zinc plays a fundamental role in collagen formation and healthy tissue development. This mineral contributes to healthy prostatic function and is essential for normal fetal development and reproductive health.‡

### INDICATIONS

Zinc Picolinate may be a useful nutritional adjunct for individuals who wish to increase their intake of zinc.

### FORMULA (202761)

Each capsule contains:

Zinc (as zinc picolinate) ..... 15 mg

### SUGGESTED USE

Adults take 1 capsule, 1-2 times daily as a dietary supplement, or as directed by a healthcare professional.

### WARNING

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

### STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

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### REFERENCES

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† These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure, or prevent any disease.

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