## **Betaine Plus**

Healthy digestive function<sup>‡</sup>

## DESCRIPTION

Betaine Plus provides a combination of Betaine HCl and pepsin to support a healthy digestive tract. ‡

## INDICATIONS

Support for healthy digestion<sup>‡</sup>

## FUNCTIONS AND MECHANISM OF ACTION

Betaine HCl provides nutritional support for a healthy digestive system. The low pH of the stomach's hydrochloric acid destroys ingested bacteria and microorganisms. HCl contributes to the naturally acidic environment of the stomach necessary for healthy microbial balance. Contact with gastric juices causes protein and polysaccharide degradation, allowing them to become more accessible to the actions of the hydrolytic enzymes in the duodenum and jejunum. Betaine HCl and pepsin are gastric-juice components essential to the digestion of food and absorption of most nutrients. Betaine HCl is necessary for adequate absorption of protein, calcium, vitamin B12 and iron.<sup>‡</sup>

## FORMULA (#202759)

Serving Size 1 Vegetarian Capsule:	
Betaine HCI	. 520 mg
Pepsin (1:10,000 potency, from porcine)	21 mg

Other Ingredients: Hydroxypropyl methylcellulose (capsule), microcrystalline cellulose, ascorbyl palmitate

Gluten-free, Non-GMO

#### SUGGESTED USE

As a dietary supplement, adults take 1 capsule with each meal or as directed by your health professional.

## **WARNING**

If you are pregnant, nursing, have any health condition or taking any medication, consult your health professional before using this product. Discontinue immediately if a burning sensation occurs. Not recommended for people with ulcers.

Keep out of reach of children.

#### **STORAGE**

Store in a cool, dry place, away from direct light. Use only if safety seal is intact.

## REFERENCES

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# For more information on Betaine Plus, visit douglaslabs.com

<sup>‡</sup>These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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