

Ultra Preventive® 1 Daily

Multivitamin/mineral for daily wellness‡

DESCRIPTION

Ultra Preventive® 1 Daily comprehensive vitamin/mineral/trace element formula with bioavailable nutrient forms to support optimal health and wellness in a once-daily capsule. This formula features CoQ₁₀ for mitochondrial energy; Metafolin® L-5-MTHF folate, vitamin B₁₂ and choline for methylation support; and antioxidants for immune and cellular health.‡

INDICATIONS

- Support for daily wellness‡
- Support for cellular health‡
- Support for antioxidant activity‡

FUNCTIONS AND MECHANISM OF ACTION

Ultra Preventive® 1 Daily has been carefully developed to contain adequate amounts of vitamins, minerals and other beneficial nutrients. Each ingredient is selected in consideration of its absorbability, competitive relationship with other nutrients, and safety. The specific nutrients play vital roles to support cellular, heart, cognitive and immune health, among other functions. Vitamin C is a water-soluble antioxidant nutrient. It is essential for connective tissue and bone metabolism, capillary health and immune function. Vitamin E is recognized as a fat-soluble antioxidant. It provides cell stabilization and supports cell membranes. Vitamin D is responsible for the absorption of calcium into the blood.‡

This formula contains methylated folate and other B vitamins in activated forms. Vitamin B₁₂ as methylcobalamin is found in the cytosol of cells and is predominate in blood and other fluid. Folate is offered in this formula as Metafolin® 5-methyltetrahydrofolate (L-5-MTHF), the universally metabolized and biologically active form of folate. Choline acts as a methyl donor for homocysteine and folate metabolism in the methylation cycle following conversion to betaine, and as a structural component of cellular membranes and synthesis of the neurotransmitter acetylcholine. Choline and inositol are lipotropic factors that support liver function and promote healthy mobilization of fats and bile.‡

FORMULA (#202741)

Serving Size 1 Vegetarian Capsule:

| | |
|---|--------------------|
| Vitamin A | 1,125 mcg |
| (as 73% beta-carotene and 27% vitamin A acetate) | |
| Vitamin C (as ascorbic acid) | 180 mg |
| Vitamin D ₃ (as cholecalciferol) | 50 mcg (2,000 IU) |
| Vitamin E (as d-alpha tocopherol succinate) | 20 mg |
| Thiamine (as thiamine HCl) | 3 mg |
| Riboflavin (as vitamin B ₂ and riboflavin-5-phosphate)..... | 3 mg |
| Niacin (as niacinamide) | 20 mg |
| Vitamin B ₆ (as pyridoxine HCl and pyridoxal-5-phosphate)..... | 4 mg |
| Folate (as Metafolin®, L-5-MTHF) | 667 mcg DFE |
| | (400 mcg L-5-MTHF) |
| Vitamin B ₁₂ (as methylcobalamin) | 500 mcg |
| Biotin | 300 mcg |
| Pantothenic Acid (as calcium pantothenate)..... | 10 mg |
| Choline (as choline bitartrate) | 25 mg |
| Iodine (as potassium iodide) | 150 mcg |
| Zinc (as zinc citrate) | 25 mg |
| Selenium (as selenomethionine) | 70 mcg |

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| Manganese | 2 mg |
| (as manganese citrate) | |
| Chromium | 200 mcg |
| (as chromium polynicotinate) | |
| Molybdenum (as TRAACS® molybdenum glycinate chelate) | 75 mcg |
| Boron (as boron glycinate) | 1 mg |
| Inositol | 25 mg |
| CoenzymeQ ¹⁰ | 50 mg |
| (as CoQ ₁₀ and as 18% from sustained-release MicroActive® Q ₁₀ -cyclodextrin complex) | |
| Alpha lipoic acid | 50 mg |
| FloraGLO® Lutein | 3 mg |
| Zeaxanthin | 500 mcg |
| Lycopene | 500 mcg |

Other ingredients: Hydroxypropyl methylcellulose (capsule), microcrystalline cellulose, ascorbyl palmitate, potato starch

ChromeMate® brand niacin-bound chromium. ChromeMate® & logo are trademarks of Lonza or its affiliates.
®FloraGLO is a registered trademark of Kemin Industries, Inc.

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

MicroActive® is a registered trademark of BioActives, LLC.

Zeaxanthin is sourced from OPTISHARP® brand. OPTISHARP® is a trademark of DSM.

TRAACS® is a registered trademark of Albion Laboratories, Inc.

Gluten-Free, Non-GMO

SUGGESTED USE

As a dietary supplement, adults take 1 capsule daily with a meal or as directed by your health professional.

WARNING

If you are pregnant, nursing, have any health condition or taking any medication, consult your health professional before using this product.

STORAGE

Store in a cool, dry place, away from direct light. Use only if safety seal is intact. Keep out of reach of children.

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‡These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

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