

## Macu-Support

Eye health‡

### DESCRIPTION

Macu-Support provides key nutrients and antioxidants to support retinal and macular health.‡

### INDICATIONS

- Support for eye health‡
- Antioxidant support for retinal health‡

### FUNCTIONS AND MECHANISM OF ACTION

Macu-Support supplies a well-balanced spectrum of key nutrients that are important for eye health, including vitamin C and E, zinc, lutein and zeaxanthin. Vitamin C is an essential micronutrient that supports eye health by providing antioxidant activity against reactive oxygen species and can regenerate the antioxidant ability of Vitamin E. The retina contains a high concentration of fatty acids, which are vulnerable to lipid oxidation by free radicals. Vitamin E supports retinal health by neutralizing the free radicals. Lutein and zeaxanthin are the two major carotenoids stored in the macula, the central part of the retina. Numerous double-blind, placebo-controlled trials indicate that lutein and zeaxanthin support the health of the optical lens as well as the retina. They support retinal health by promoting the integrity and density of the macular pigment, acting as antioxidants and light filters to protect the ocular tissue. Thus, this combination offers support for photoreceptor health. Zinc is essential for a wide range of physiological functions, including the regulation of intracellular signaling pathways in innate and adaptive immune cells. The homeostasis of zinc is particularly important for cell maturation and cell differentiation, cell cycle progression and proper functioning of immune cells. As it relates to eye health, zinc plays an important role in maintaining retinal health and various metabolic processes in the eye.‡

### FORMULA (#202726)

Serving Size 3 Vegetarian Capsules

Vitamin C (as ascorbic acid) .....	500 mg
Vitamin E (as vitamin E succinate).....	268 mg
Zinc (as OptiZinc®, monomethionine).....	25 mg
Lutein (as FloraGLO® marigold ( <i>Tagetes erecta</i> ) flower) .....	10 mg
Zeaxanthin .....	2 mg

Other Ingredients: Capsule (hydroxypropyl methylcellulose), microcrystalline cellulose, silica and vegetable stearate

Gluten-free, Non-GMO

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OptiZinc is a trademark of InterHealth Company.

### SUGGESTED USE

Adults take 3 capsules daily with a meal or as directed by a health professional.

### WARNING

If you are pregnant, nursing, have any health condition or taking any medication, consult your health professional before using this product.

Keep out of reach of children.

## STORAGE

Store in a cool, dry place, away from direct light. Use only if safety seal is intact.

## REFERENCES

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**For more information on Macu-Support, visit [douglaslabs.com](http://douglaslabs.com)**

‡These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure, or prevent any disease.

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