

## Gluco-Support Formula™

Multivitamin/mineral for daily wellness<sup>‡</sup>

Healthy blood sugar support<sup>‡</sup>

### DESCRIPTION

Gluco-Support Formula™ is a comprehensive multivitamin/mineral formula with bioavailable nutrient forms to support optimal health and wellness.<sup>‡</sup>

### INDICATIONS

- Support for daily wellness<sup>‡</sup>
- Support for healthy blood sugar<sup>‡</sup>

### FUNCTIONS AND MECHANISM OF ACTION

Gluco-Support Formula™ offers intensive support for the healthy functioning of the body in general, while also including a blend of herbs and additional nutrients specifically formulated to offer additional support of the body's mechanisms that maintain healthy glucose metabolism. Each ingredient is selected in consideration of its absorbability, competitive relationship with other nutrients, and safety. The specific nutrients play vital roles to support cellular, heart, cognitive and immune health, among other functions. Vitamin C is a water-soluble antioxidant nutrient. It is essential for connective tissue and bone metabolism, capillary health and immune function. Vitamin E is recognized as a fat-soluble antioxidant. It provides cell stabilization and supports cell membranes. Vitamin D supports the absorption of calcium into the blood.<sup>‡</sup>

Fluctuations in glucose metabolism can impact the degree of glycation present in the body. Advanced glycation end products (AGEs) are proteins or lipids that become glycated after exposure to sugars and can be a result of the normal aging process. The presence of AGEs in various cell types can affect extracellular and intracellular structure and function. Maintenance of healthy glucose homeostasis is fundamental to keeping AGE formation within healthy limits. Chromium is an integral component of the glucose tolerance factor (GTF) and is essential for proper glucose metabolism. Adequate chromium nutrition is essential for the formation of GTF and the healthy metabolism of blood glucose.<sup>‡</sup>

*Gymnema sylvestre* is an Ayurvedic botanical that has shown benefit in supporting the health of pancreatic beta cell function in preclinical trials. *Gymnema* is also thought to be supportive in maintaining normal intestinal glucose absorption. Human and animal studies have indicated it may be useful in supporting already healthy glucose metabolism.<sup>‡</sup>

### FORMULA (#202697)

Serving Size 3 Tablets

Vitamin A.....	4,500 mcg
(25% as vitamin A acetate/75% [3,375 mcg] as beta-carotene)	
Vitamin C (ascorbic acid) .....	750 mg
Vitamin D <sub>3</sub> (as cholecalciferol) .....	0.9 mcg (37.5 IU)
Vitamin E (as vitamin E succinate).....	100.5 mg
Thiamine (as thiamine mononitrate).....	37.5 mg
Riboflavin .....	18.75 mg
Niacin/Niacinamide .....	90mg
Vitamin B <sub>6</sub> (as pyridoxine HCl/pyridoxal-5-phosphate complex).....	18.75 mg
Folate (as folic acid) .....	1,000 mcg DFE
	(600 mg folic acid)
Vitamin B <sub>12</sub> (as cyanocobalamin) .....	75 mcg
Biotin .....	225 mcg
Pantothenic Acid (as d-calcium pantothenate).....	37.5 mg
Choline (as choline bitartrate) .....	15 mg

Calcium (from calcium citrate/ascorbate/carbonate complex).....	225mg
Magnesium (from magnesium aspartate/ascorbate/oxide complex) .....	225 mg
Zinc (from zinc krebs <sup>††</sup> )/aspartate/oxide complex) .....	15 mg
Selenium (as selenium krebs <sup>††</sup> ) .....	150 mcg
Copper (as copper krebs <sup>††</sup> ).....	1.5 mg
Manganese (as manganese aspartate/sulfate complex).....	11 mg
Chromium (as chromium polynicotinate).....	150 mcg
Molybdenum (from molybdenum krebs <sup>††</sup> ) .....	37.5 mcg
Potassium (as potassium aspartate/chloride complex) .....	56.25 mg
Gluco-Support Proprietary Blend .....	375 mg
<i>Momordica charantia</i> Extract (deseeded fruits), <i>Gymnema sylvestre</i> Extract (dried leaf), Dandelion (root), Goldenseal (root), Acetyl-L-Carnitine HCl, Lemon Bioflavonoids Complex, Betaine HCl, Grape Seed Extract, Lipoic Acid, L-Methionine, L-Cystine/N-Acetyl-L-Cysteine, Glutamic Acid and Coenzyme Q <sub>10</sub>	
Aspartic Acid .....	210 mg
PABA (as para-aminobenzoic acid) .....	37.5 mg
Inositol.....	18.75 mg
Boron (from boron aspartate/citrate complex).....	0.75 mg
Trace Elements (from sea water).....	100mcg
Vanadium (from vanadium krebs <sup>††</sup> ) .....	25mcg

Other ingredients: Microcrystalline cellulose, stearic acid, tablet coating (hypromellose, glycerin), vegetable stearate, croscarmellose sodium and silica

††Krebs=Citrate, Fumarate, Malate, Glutarate and Succinate Complex

Gluten-Free, Non-GMO

## SUGGESTED USE

As a dietary supplement, adults take 3 tablets daily with food or as directed by your health professional.

## WARNING

If you are pregnant, nursing, have any health condition or taking any medication, consult your health professional before using this product. Discontinue immediately if a burning sensation occurs. Not recommended for people with ulcers.

KEEP OUT OF THE REACH OF CHILDREN

## STORAGE

Store in a cool, dry place, away from direct light. Use only if safety seal is intact.

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**For more information on Gluco-Support Formula™, visit [douglaslabs.com](http://douglaslabs.com)**

‡These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure, or prevent any disease.

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