This product contains NO yeast, wheat, gluten, soy, milk/dairy, corn, sodium, sugar, starch, artificial preservatives, artificial flavoring, or genetically modified

Suggested Usage: As a dietary supplement, adults take 1 capsule daily or as directed by your healthcare

WARNING: If you are pregnant, nursing, have any health condition or taking any medication, consult your health care practitioner before using this product.

KEEP OUT OF REACH OF CHILDREN For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

Formula #202236

Magnesium **Citrate**

A Dietary Supplement



90 Vegetarian Capsules

Supplement Facts

Serving Size 1 Vegetarian Capsule Servings Per Container 90

Amount Per Serving

%DV

Magnesium 150 mg (from Magnesium Citrate)

%Daily Value (DV)

Other Ingredients: Hydroxypropyl methylcellulose (capsule) and ascorbyl palmitate.