## TestoGain<sup>™</sup>

Hormone Specific Formulation<sup>™</sup>

# **DESCRIPTION**

TestoGain<sup>™</sup>, provided by Douglas Laboratories<sup>®</sup>, is a *Hormone Specific Formulation*<sup>™</sup> of phytoandrogens, androgenogenic adaptogens, androgen agonists and androgen mimetics to help promote optimal testosterone function by maintaining the health of testosterone producing glands and by supporting the healthy functions of testosterone responsive tissues in both men and women. †

TestoGain<sup>™</sup> is a *Hormone Specific Formulation* formulated by Dr Joseph J Collins, created to support the optimal function of specific hormones through the use of hormone specific adaptogens, hormone specific agonists and hormone specific functional mimetics. This formulation may be used to as part of a hormone health program with dietary and nutrient support. In addition, these formulations may be used by clinicians as adjuvants to support optimal hormone health in patients who have been prescribed bioidentical hormone therapies, including testosterone replacement therapy.

### **FUNCTIONS**

The primary functions of TestoGain<sup>™</sup> are to support the natural production of testosterone and other androgens by gonadal tissue in both genders, and to support how tissues throughout the body respond to testosterone. This is accomplished by supporting the function of testosterone producing glands in both gender, and by supporting the function of testosterone tissues through the use of herbs that mimic the actions of testosterone.

The synergistic combination of specific herbs in TestoGain $^{\text{\tiny TM}}$  support important functions associated with optimal testosterone health in both genders:

- Promote production of testosterone by gonadal tissue†
- Promote production of other androgens by adrenal glands†
- Mimic specific functions of testosterone, thereby acting as testosterone functional agonists;

### **INDICATIONS**

TestoGain<sup>™</sup> may be a useful dietary supplement for individuals wishing to support healthy testosterone production and function.

### FORMULA (#201397)

Serving Size	2 v.caps	4 v.caps
Proprietary Blend	1,310 mg	2,620 mg

Horny Goat Weed Extract (*Epimedium sagittatum*, aerial parts, standardized to 10% icariin), Velvet bean Extract (*Mucuna pruriens*, seed, standardized to 15% I-dopa), Gokhru fruit Extract (*Tribulus terrestris*, standardized to 15% saponins), Maca root (*Lepidium meyenii*), Damiana leaf (*Turnera diffusa*), Muira Puama bark(*Ptychopetalum olacoides*), *Eleutherococcus senticosus* root Extract(standardized to 0.8% eleutherosides), Tongkat Ali 100:1 Extract (*Eurycoma longifolia*), *Panax ginseng* root Extract (standardized to 3% ginsenosides), Ashwagandha root Extract (*Withania somnifera*, standardized to 8% withanolides, 1% alkaloids, and 1% withaferine-A).

Other Ingredients: Hydroxypropyl methylcellulose (capsule), dicalcium phosphate, vegetable stearate, silica

### SUGGESTED USE

As a dietary supplement, adults may take **2** capsules each day with food for **1 to 2 weeks** or as directed by your healthcare professional.

The dose may then be increased to **4** capsules each day with food for **2 to 4 months** or as directed by your healthcare professional.

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After **2 to 4 months** dosage may be lowered back down to **2** capsules each day with food and may continue on that dosage as needed or as directed by your healthcare professional.

#### SIDE EFFECTS

WARNING: Not to be used by pregnant or nursing women.

#### **STORAGE**

Store in a cool, dry place, away from direct light. Keep out of reach of children.

### REFERENCES

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# For more information on **TestoGain™** visit **Douglaslabs.com** or **TestoGain.com**

Hormone Specific Formulation<sup>™</sup> is a trademark of Your Hormones, Inc.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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You trust Douglas Laboratories.
Your patients trust you.