

Liquid Multivitamin

DESCRIPTION

Liquid Multivitamin, provided by Douglas Laboratories®, combines essential vitamins, minerals and trace elements with organic fruits and vegetable powders in a great-tasting, easy-to-take liquid supplement. The naturally-flavored liquid contains no artificial flavors or sweeteners.

INDICATIONS

- Liquid Multivitamin is ideal for individuals who wish to take a vitamin and mineral complex in a convenient, easy-dispensing form. †

FUNCTIONS AND MECHANISM OF ACTION

Natural beta-carotene, vitamin C, vitamin E and B-complex vitamins are included because of their vital roles in antioxidant protection, energy production, and maintenance of healthy cells, the nervous system and more. Minerals and trace elements are provided in bioavailable forms, such as amino acid chelates and other clinically validated forms. Calcium and Vitamin D promote calcium homeostasis and cellular health. The carotenoids lutein and zeaxanthin in FloraGlo® are included for their supportive roles as powerful antioxidants and maintenance of eye health. †

These nutrients support optimal health and are essential to basal mitochondrial function as metabolic coenzymes, playing key roles in energy production and nutrient metabolism. Adequate amounts and proper balance of these nutrients are beneficial for maintaining good health and filling in nutrient gaps in the diet. †

FORMULA (#200530)

2 teaspoons (10 ml) provide:

Calories	15
Vitamin A (as beta carotene)	300 mcg
Vitamin C (ascorbic acid)	100 mg
Vitamin D-3 (as cholecalciferol (from lichen)	20 mcg (800 IU)
Vitamin E (as d-alpha tocopherol acetate).....	20 mg
Thiamine (as Thiamine HCl)	7.5 mg
Riboflavin (as Riboflavin-5-Phosphate)	4 mg
Niacin (as Niacinamide)	45 mg
Biotin	400 mcg
Pantothenic Acid (Vitamin B-5 as d-calcium pantothenate).....	25 mg
Calcium (as Calcium citrate).....	40 mg
Iodine (as Potassium Iodide)	75 mcg
Magnesium (as Magnesium citrate)	20 mg
Zinc (as Zinc gluconate).....	12 mg
Manganese (as Manganese gluconate).....	1 mg
Chromium (as Chromium picolinate)	200 mcg
Molybdenum (as Molybdenum citrate)	75 mcg
Choline (from Choline Bitartrate)	20 mg
FloraGlo® Lutein.....	3 mg
Boron (as Boron glycinate).....	0.7 mg
Fruit and Vegetable powder blend:.....	150 mg

Strawberry fruit, tart cherry fruit, blackberry fruit, blueberry fruit, raspberry fruit, beet root, carrot root, spinach leaf, broccoli stem and floret, tomato fruit, kale leaf, cabbage leaf, parsley leaf, brussels sprout edible head, green bell pepper fruit, cucumber whole fruit, celery stalk, garlic bulb, ginger root, green onion, cauliflower curd, asparagus stalk.

Other ingredients: purified water, natural vegetable glycerin, apple juice concentrate, lemon crème flavor with other natural flavors, medium chain triglycerides, xanthan gum, purified stevia leaf extract, citric acid, potassium sorbate, rosemary leaf extract, natural mixed tocopherols.

Non-GMO, Gluten-Free

FloraGlo® is a registered trademark of Kemin Industries, Inc

ChromeMate® brand niacin-bound chromium ChroMate is a registered trademark of InterHealth N.I

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SUGGESTED USE

Adults take 2 teaspoons daily with a meal or as directed by your healthcare professional.

SIDE EFFECTS

No adverse side effects have been reported.

STORAGE

This product requires refrigeration after opening. Shake well before using.

REFERENCES

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For more information on Liquid Multivitamin visit douglaslabs.com

‡These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured for
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