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Manufactured by:  
**Douglas Laboratories**  
600 Boyce Road  
Pittsburgh, PA 15205 USA  
**www.douglaslabs.com**  
**1.800.245.4440**

**Warning:** If you are taking medications for neurological conditions including Selective Serotonin Reuptake Inhibitors (SSRIs) or Monoamine Oxidase Inhibitors (MAOI), or are pregnant or nursing, do not use this product.

This product contains NO yeast, wheat, gluten, soy protein, milk/dairy, corn, sodium, sugar, starch, artificial coloring, preservatives or flavoring.

**Suggested Usage:** As a dietary supplement, adults take 2 capsules daily or as directed by your healthcare professional.

TryptoPure® is a registered trademark of Ajinomoto AminoScience, LLC.

Bioperine® is a registered trademark of Sabinsa Corporation.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

Formula #200448

# L-Tryptophan

A Dietary Supplement



60 Vegetarian Capsules

## Supplement Facts

Serving Size 2 Vegetarian Capsules  
Servings Per Container 30

Amount Per Serving		%DV
Vitamin C (as ascorbyl palmitate).....	10 mg	17%
Riboflavin.....	10 mg	588%
(as riboflavin-5-phosphate)		
Niacin (as niacinamide).....	10 mg	50%
Vitamin B6 .....	10 mg	500%
(as pyridoxal-5-phosphate)		
L-Tryptophan (as <i>TryptoPure</i> ®) ...		
	1,000 mg	*
Bioperine® .....	5 mg	*
(Black pepper extract, fruit)		

\*Daily Value not established.

Other ingredients: Cellulose and silica.