

Other ingredients: Microcrystalline cellulose, hydroxypropyl cellulose, carboxymethylcellulose, ascorbyl palmitate, silica, coating (purified water, hypromellose, and glycerin).

Manufactured by: Douglas Laboratories  
400 Boyce Road, Pittsburgh, PA 15205  
www.douglaslabs.com 1.800.245.4440

**Suggested Usage:** As a dietary supplement, adults take 4 tablets twice daily or as directed by your healthcare professional. This product is best taken with meals.

**WARNING:** Consult a health care professional before use if taking blood thinners. This product is not recommended for pregnant or lactating women. If you have any health condition or are taking any medication, consult your health professional before use.

\*Krebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex.

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

OptiZinc® is a trademark of InterHealth N.L.

KEEP OUT OF THE REACH OF CHILDREN.

Store in a cool, dry place. Use only if safety seal is intact.



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**Gluten-Free, Non-GMO**

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity. Formula # 202331 V3



# Ultra Preventive X

## Dietary Supplement

Signature multivitamin/mineral with fruits and vegetables for daily wellness!



120 Tablets

## Supplement Facts

Serving Size Servings per container	4 Tablets 30		8 Tablets 15	
	Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A (as 67% natural beta-carotene, 2,250 mcg and 33% vitamin A palmitate)	500 mcg	556%	1,000 mcg	1,111%
Vitamin C (as ascorbic acid)	125 mg (500 IU)	63%	25 mcg (1,000 IU)	125%
Vitamin D3 (as cholecalciferol)	67 mcg (2,675 IU)	134%	134 mcg	268%
Vitamin E (as natural d-alpha tocopheryl succinate plus mixed tocopherols)	4.167 mg	83.33%	8.333 mg	166.66%
Thiamine (as thiamine HCl)	95 mg	1,900%	190 mg	3,800%
Riboflavin	25 mg	500%	50 mg	1,000%
Niacin/Niacinamide	95 mg	1,900%	190 mg	3,800%
Vitamin B6	50 mg	1,000%	100 mg	2,000%
(as pyridoxine HCl/pyridoxal-5-phosphate)	95 mg	1,900%	190 mg	3,800%
Folate (as Metafolin®, L-5-MTHF)	667 mcg DFE (400 mcg L-5-MTHF)	133.4%	1,333 mcg DFE (800 mcg L-5-MTHF)	266.8%
Vitamin B12 (as methylcobalamin)	250 mcg	10,000%	500 mcg	20,000%
adenosylcobalamin/hydroxocobalamin	150 mcg	1,500%	300 mcg	3,000%
Biotin	50 mcg	1,000%	100 mcg	2,000%
Pantothenic Acid	50 mg	1,000%	100 mg	2,000%
(as d-calcium pantothenate)	137.5 mg	275%	275 mg	550%
Choline (from choline bitartrate)	210 mg	14%	420 mg	32%
Calcium (as calcium citrate/malate/chelate complex)	210 mg	16%	420 mg	32%
Iodine (from kelp)	100 mcg	67%	200 mcg	133%
Magnesium	210 mg	50%	420 mg	100%
(as magnesium citrate/chelate complex)	125 mg	114%	250 mg	227%
Zinc (as OptiZinc®, monomethionine)	100 mcg	100%	200 mcg	200%
Selenium (as selenomethionine)	1 mg	111%	2 mg	222%
Copper (as copper amino acid chelate)	4.5 mg	196%	9 mg	391%
Manganese (as manganese sulfate)	100 mcg	286%	200 mcg	571%
Chromium (as chromium polynicotinate)	50 mcg	111%	100 mcg	222%
Molybdenum (as molybdenum krebs®)	50 mcg	1%	100 mcg	2%
Potassium (as potassium chloride)	50 mg	1%	100 mg	2%

N-Acetyl-L-Cysteine	75 mg*	150 mg*
Betaine HCl	75 mg*	150 mg*
Inositol	50 mg*	100 mg*
Quercetin (as dihydrate)	50 mg*	100 mg*
Lemon Bioflavonoids	50 mg*	100 mg*
Papain (from <i>Carica papaya</i> , fruit)	50 mg*	100 mg*
Bromelain (from <i>Anana comosus</i> , pineapple stem)	25 mg*	50 mg*
Grape Seed Extract (standardized to 95% polyphenols)	25 mg*	50 mg*
Alpha Lipoic Acid	25 mg*	50 mg*
Rutin (from <i>Sophora japonica</i> , flower)	12.5 mg*	25 mg*
Boron (as boron glycinate)	1.5 mg*	3 mg*
Vanadium (as vanadium krebs®)	25 mcg*	50 mcg*
Vitamin K2 (as menaquinone-7)	22.5 mcg*	45 mcg*

**Proprietary Organic Fruit and Vegetable blend**..... 350 mg\* 700 mg\*  
Organic beet powder (root), Organic carrot powder (root), Organic black currant powder (fruit), Organic blueberry powder (fruit), Organic broccoli powder (whole plant), Organic Concord grape powder (fruit), Organic collard greens powder (leaf), Organic pomegranate powder (fruit), Organic green cabbage powder (whole plant), Organic cranberry powder (fruit), Organic kale powder (whole plant), Organic parsley powder (whole plant), Organic raspberry powder (fruit), Organic spinach powder (whole plant)

**Organic Phytonutrient Blend**

Organic Spirulina (whole plant)..... 50 mg\* 100 mg\*  
Organic Chlorella (whole plant, broken cell wall)..... 50 mg\* 100 mg\*  
Organic Green Tea Leaf Extract..... 25 mcg\* 50 mg\*  
(standardized to 50% polyphenols, 20% EGCG)

**Carotenoids**

Lutein (from marigold flower extract)..... 5 mg\* 10 mg\*  
Lycopene (from tomatoes)..... 3 mg\* 6 mg\*  
Zeaxanthin Isomers (from marigold flower extract)..... 1 mg\* 2 mg\*

\*Daily Value (DV) not established.

Other ingredients: Microcrystalline cellulose, hydroxypropyl cellulose, carboxymethylcellulose, ascorbyl palmitate, silica, coating (purified water, hypromellose, and glycerin).

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# Ultra Preventive X

## Dietary Supplement

Signature multivitamin/mineral with fruits and vegetables for daily wellness!



240 Tablets

## Supplement Facts

Serving Size Servings per container	4 Tablets 60		8 Tablets 30	
	Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A (as 67% natural beta-carotene, 2,250 mcg and 33% vitamin A palmitate)	500 mcg	556%	1,000 mcg	1,111%
Vitamin C (as ascorbic acid)	125 mg (500 IU)	63%	25 mcg (1,000 IU)	125%
Vitamin D3 (as cholecalciferol)	67 mcg (2,675 IU)	134%	134 mcg	268%
Vitamin E (as natural d-alpha tocopheryl succinate plus mixed tocopherols)	4.167 mg	83.33%	8.333 mg	166.66%
Thiamine (as thiamine HCl)	95 mg	1,900%	190 mg	3,800%
Riboflavin	25 mg	500%	50 mg	1,000%
Niacin/Niacinamide	95 mg	1,900%	190 mg	3,800%
Vitamin B6	50 mg	1,000%	100 mg	2,000%
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Folate (as Metafolin®, L-5-MTHF)	667 mcg DFE (400 mcg L-5-MTHF)	133.4%	1,333 mcg DFE (800 mcg L-5-MTHF)	266.8%
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