

DHEA 10 mg

Micronized Dehydroepiandrosterone

DESCRIPTION

DHEA 25 mg capsules, provided by Douglas Laboratories, contain the highest-purity micronized dehydroepiandrosterone (DHEA) produced under strict Good Manufacturing Practices (GMP) standards.

INDICATIONS

- DHEA capsules may be a useful nutritional adjunct for individuals who wish to support the body's normal DHEA functions.

FUNCTIONS AND MECHANISM OF ACTION

DHEA is a natural steroid hormone that is synthesized from cholesterol through pregnenolone by the adrenal glands. DHEA acts as the parent precursor for other important steroid hormones, such as estradiol and other estrogens, and testosterone. While not a precursor to progesterone, DHEA made by the body can indirectly influence progesterone synthesis through a feedback mechanism whereby pregnenolone is converted to progesterone based on DHEA levels. Apart from these functions, DHEA also has important biological functions itself. Recent experimental and human studies show that DHEA is involved in supporting a large variety of physiological processes including immune function, brain function, bone metabolism, and the regulation of insulin-like growth factor levels. DHEA and its metabolite, DHEA sulfate, are present in human adult plasma in concentrations of 0.01-0.02 μM and 5 to 7 μM , respectively. DHEA sulfate levels are low in early childhood and begin to rise after age 7, peak at age 20-24, and then drop at a rate of approximately 20% per decade, until at age 85-90, levels are 10-15% of those at age 20-30. DHEA levels also decline under a variety of conditions of physiological stress. Vegetarians also have been shown to have decreased DHEA levels due to higher dietary fiber intake. †

FORMULA (#DHEA1)

Serving Size 1 Vegetarian Capsule

DHEA (Dehydroepiandrosterone) 10 mg

Other Ingredients: Microcrystalline cellulose and hydroxypropyl methylcellulose (capsule)

Non-GMO, Gluten-free

DHEA is micronized in particle size to increase absorption. It is made with pure, pharmaceutical grade DHEA.

SUGGESTED USE

As a dietary supplement, adults take 1 capsule daily as directed by your health professional ONLY!

SIDE EFFECTS

Warning:

NOT FOR USE BY INDIVIDUALS UNDER THE AGE OF 18 YEARS. DO NOT USE IF PREGNANT OR NURSING. Consult a physician or license qualified health professional before using this product if you have or have a family history of breast cancer, uterine cancer, ovarian cancer, prostate cancer, prostate enlargement, heart disease, low HDL cholesterol ("good cholesterol"), or if you are using any other dietary supplement, prescription drug, or over-the-counter drug. Do not exceed the recommended serving. Exceeding the recommended serving may cause serious adverse health effects. Possible side effects include changes in liver function, acne, hair loss, hair growth on the face (in women), aggressiveness, irritability, and increased levels of estrogen. Discontinue use and call a physician or licensed qualified healthcare professional immediately if you experience rapid heartbeat, dizziness, blurred vision, or other symptoms. To report any adverse events call 1-800-332-1088.

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Caution Athletes: DHEA is classified as a prohibited substance by certain sports organizations, as well as the World Anti-Doping Association (WADA). Please consult the rules of your specific organization to determine if DHEA is prohibited.

STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

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For more information on DHEA visit douglaslabs.com

† These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured for
Douglas Laboratories
600 Boyce Road
Pittsburgh, PA 15205
800-245-4440
douglaslabs.com



**You trust Douglas Laboratories.
Your patients trust you.**