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**Suggested Usage:** As a dietary supplement, adults take 1 tablet daily or as directed by your health professional.

**Warning:** If you are pregnant, nursing, have any health condition or taking any medication, consult your health professional before using this product.

KEEP OUT OF THE REACH OF CHILDREN.

Store in a cool, dry place.

Use only if safety seal is intact.



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**Gluten-free, Non-GMO**

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Formula #81285 V2

# Magnesium Aspartate 2X with Potassium

Dietary Supplement



250 Tablets

## Supplement Facts

Serving Size 1 Tablet

Servings Per Container 250

	Amount Per Serving	%DV
Magnesium .....	200 mg	48%
(as magnesium aspartate/ oxide complex)		
Potassium .....	99 mg	2%
(as potassium aspartate/ chloride complex)		

%Daily Value (DV)

Other ingredients: Microcrystalline cellulose, dicalcium phosphate, coating (polyvinyl alcohol, titanium dioxide, polyethylene glycol, magnesium silicate, isopropanol), stearic acid, croscarmellose sodium and silica

Manufactured by: Douglas Laboratories  
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