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**Suggested Usage:** As a dietary supplement, adults take 1 tablet daily or as directed by your health professional.

**Warning:** If you are pregnant or nursing, or if you are taking prescription medications, consult your health professional before using this supplement.

KEEP OUT OF THE REACH OF CHILDREN.

Store in a cool, dry place. Use only if safety seal is intact.



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**Gluten-free, Non-GMO**

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Formula #7033 V2

# Chelated Magnesium

## Dietary Supplement

Cardiometabolic, neurocognitive and musculoskeletal health<sup>†</sup>



100 Tablets

## Supplement Facts

Serving Size 1 Tablet  
Servings Per Container 100

Amount Per Serving	%DV
Magnesium .....100 mg (as magnesium amino acid chelate)	24%
% Daily Value (DV)	

Other ingredients: Microcrystalline cellulose, stearic acid, croscarmellose sodium, vegetable stearate and silica

Manufactured by: Douglas Laboratories  
600 Boyce Road, Pittsburgh, PA 15205  
[www.douglaslabs.com](http://www.douglaslabs.com) 1.800.245.4440