Ultra Preventive® 1 Daily

A once-daily, comprehensive multivitamin/mineral formula with bioavailable nutrient forms to support optimal health and wellness, including:



Sustained-release CoQ₁₀ for mitochondrial energy[‡] æ

 $\begin{array}{l} \mbox{Metafolin}^{\otimes} \mbox{ L-5-MTHF folate,} \\ \mbox{Vitamin } B_{12} \mbox{ and choline for} \\ \mbox{methylation support}^{\ddagger} \end{array}$

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Antioxidants for immune and cellular health[‡]



21 ESSENTIAL VITAMINS AND MINERALS PLUS ANTIOXIDANTS WITHIN A SINGLE, **ONCE-A-DAY** CAPSULE!



FEATURED INGREDIENTS

- Vitamin C, a water-soluble antioxidant nutrient, is essential for connective tissue and bone metabolism, capillary health and immune function.[‡]
- **Vitamin E**, a fat-soluble antioxidant, provides cell stabilization and supports cell membranes.[‡]
- **Vitamin D** is responsible for the absorption of calcium into the blood.[‡]
- This formula contains methylated folate as Metafolin[®]
 5-methyltetrahydrofolate (L-5-MTHF), the universally metabolized and biologically active form of folate, and other B vitamins in activated forms.
- Vitamin B₁₂ as methylcobalamin supports methylation.[‡]
- Choline and inositol are lipotropic factors that support liver function and promote healthy mobilization of fats and bile.[‡]
- Other key nutrients include Coenzyme Q₁₀, Alpha lipoic acid, Lutein, Zeaxanthin and Lycopene.

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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

PRODUCT DETAILS

1 CAPSULE DAILY, WITH A MEAL.

Serving Size 1 Vegetarian Capsule • Servings Per Container 60

Amount Per Serving	
Vitamin A (as 73% beta carotene and 27% vitamin A acetate)	1,125 mcg
Vitamin C (as ascorbic acid)	180 mg
Vitamin D₃ (as cholecalciferol)	50 mcg (2,000 IU)
Vitamin E (as d-alpha tocopherol succinate)	20 mg
Thiamin (as thiamin HCl)	3 mg
Riboflavin (as vitamin B_2 and riboflavin-5-phosphate)	3 mg
Niacin (as niacinamide)	20 mg
Vitamin B_{6} (as pyridoxine HCl and pyridoxal-5-phosphate)	4 mg
Folate (as Metafolin®, L-5-MTHF)	667 mcg DFE
	(400 mcg L-5-MTHF)
Vitamin B12 (as methylcobalamin)	500 mcg
Biotin	300 mcg
Pantothenic acid (as calcium pantothenate)	10 mg
Choline (as choline bitartrate)	25 mg
lodine (as potassium iodide)	150 mcg
Zinc (as zinc citrate)	25 mg
Selenium (as selenomethionine)	70 mcg
Manganese (as manganese citrate)	2 mg
Chromium (as chromium polynicotinate)	200 mcg
Molybdenum (as TRAACS® molybdenum glycinate chelate)	75 mcg
Boron (as boron glycinate)	1 mg
Inositol	25 mg

CoenzymeQ ₁₀ (as CoQ ₁₀ and as 18% from sustained-release MicroActive [®] Q ₁₀ -cyclodextrin complex)	50 mg
Alpha lipoic acid	50 mg
FloraGLO® Lutein	3 mg
Zeaxanthin	500 mcg
Lycopene	500 mcg

Other ingredients: Hydroxypropyl methylcellulose (capsule), microcrystalline cellulose, ascorbyl palmitate, potato starch

Product may have a mottled appearance.

 $\mathsf{ChromeMate}^{\circ}$ brand niacin-bound chromium. ChromeMate $^{\circ}$ & logo are trademarks of Lonza or its affiliates.

[®]FloraGLO is a registered trademark of Kemin Industries, Inc.

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

MicroActive® is a registered trademark of BioActives, LLC.

Zeaxanthin is sourced from OPTISHARP® brand. OPTISHARP® is a trademark of DSM.

 TRAACS° is a registered trademark of Albion Laboratories, Inc.

FORMULA

202741

SIZE

60 Vegetarian Capsules



ADULT MULTIVITAMIN COMPARISON

Due to the quality of our food and busy lifestyles, today's diets can be lacking in vitamins, minerals and other nutrients. Combining a healthy diet with a comprehensive multivitamin formula can help replenish nutrients daily for optimal health and wellness.[‡]

	Leading Brands	Ultra Preventive [®] 1 Daily
Preservatives	Sodium benzoate, sorbic acid, BHT	None
Colors	Artificial red, yellow & blue aluminum lake	None
Sweeteners	Sucrose	None
Hydrogenated Oils	Yes (palm oil)	None
Animal Products	Yes (gelatin)	Vegetarian
Allergens	None	None
Excipients	Acacia gum, calcium stearate, crospovidone, hypromellose, polyethylene glycol, polyvinyl alcohol, talc, titanium dioxide	Potato starch
Vitamins	Generally 100% DV; does not contain activated vitamins	Range from 100-250%+ DV; includes activated B vitamins: Metafolin [®] , methylcobalamin, riboflavin 5' phosphate, pyridoxal 5' phosphate
Minerals	Carbonate, phosphate, chloride, oxide, sulfate & sodium forms	Chelated; amino acids/Krebs cycle intermediates

Offer your patients a once-daily multivitamin with Ultra Preventive[®] 1 Daily visit douglaslabs.com/ultra-preventive-1-daily

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