

# C-D-Zinc

A comprehensive combination of essential vitamins C and D plus Zinc to support a healthy immune system.†

Includes ingredients that:



Support immune function‡



Promote daily wellness‡



Support cellular health‡



**OFFER YOUR PATIENTS COMPREHENSIVE IMMUNE SUPPORT, EQUIVALENT TO THE VITAMIN C IN 16 ORANGES, VITAMIN D IN 6 OUNCES OF SALMON, AND ZINC IN 6.8 OUNCES OF PUMPKIN SEEDS.†\***

## INGREDIENT BENEFITS

**Vitamin C** is an essential micronutrient that supports the immune system by providing antioxidant activity against reactive oxygen species. It also supports the body's defense system by enhancing white blood cell function and activity, as well as promoting interferon levels, antibody responses, and secretion of thymic hormones.‡

**Vitamin D** provides general cellular support, in part by supporting immune cell activity, and maintaining healthy cell metabolism. In a clinical trial, Vitamin D supplementation was shown to support Vitamin D-regulated genes associated with immune function, response to stress, and DNA repair.‡

**Zinc** is a cofactor for over 300 enzymes and is essential for a wide range of physiological functions. The homeostasis of zinc is particularly important for proper functioning of immune cells. In addition, zinc supports the body's defense system by promoting healthy neutrophil, natural killer cell, and T-lymphocyte function.‡

## PRODUCT DETAILS

**SUGGESTED USAGE: 1-2 DAILY, WITH A MEAL**

Serving Size 1 Vegetarian Capsule

Amount Per Serving	
Vitamin C (as ascorbic acid)	800 mg
Vitamin D <sub>3</sub> (as cholecalciferol)	25 mcg (1,000 IU)
Zinc (as OptiZinc® monomethionine)	15 mg

Other ingredients: Hydroxypropyl methylcellulose (capsule) and ascorbyl palmitate  
OptiZinc® is a trademark of Lonza.

### FORMULA

202644

### SIZE

60 Vegetarian Capsules  
120 Vegetarian Capsules

 Denotes private label-eligible formula

\*National Institutes of Health. [2020]. Vitamin C, Vitamin D and Zinc [Fact Sheet for Health Professionals]. Retrieved from <https://ods.od.nih.gov/factsheets/>