

Manufactured by: Douglas Laboratories  
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**Suggested Usage:** As a dietary supplement, adults take 6 capsules daily with food or as directed by your health professional.

**Warning:** If you are pregnant, nursing, have any health condition or are taking any medication, particularly blood thinners, consult your health professional before using this product. Discontinue immediately if a burning sensation occurs. Not recommended for people with ulcers.

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

OptiZinc® is a trademark of Lonza.

KEEP OUT OF THE REACH OF CHILDREN.

Store in a cool, dry place.

Use only if safety seal is intact.



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**Gluten Free, Non-GMO**

<sup>†</sup>This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Formula #202660 V1

# Ultra Preventive® III

## Multivitamin/Mineral Formula

**Dietary Supplement**

Daily wellness<sup>†</sup>



**180 Vegetarian Capsules**

### Supplement Facts

Serving Size 6 Vegetarian Capsules  
Servings Per Container 30

Amount Per Serving		%DV	Amount Per Serving		%DV
Vitamin A.....	3,750 mcg	417%	Magnesium (as magnesium citrate/ amino acid chelate complex).....	175 mg	42%
[30% [1,125 mcg] as vitamin A acetate/70% [2,625 mcg] as beta-carotene]			Zinc (as OptiZinc® monomethionine).....	12.5 mg	114%
Vitamin C.....	500 mg	556%	Selenium.....	100 mcg	182%
(as ascorbic acid)			(as selenium krebs <sup>††</sup> )		
Vitamin D <sub>3</sub> .....	12.5 mcg (500 IU)	63%	Manganese (as manganese sulfate).....	1.5 mg	65%
(as cholecalciferol)			Chromium.....	100 mcg	286%
Vitamin E.....	67 mg	447%	(as chromium polynicotinate)		
(as d-alpha tocopherol succinate)			Molybdenum.....	50 mcg	111%
Thiamine (as thiamine HCl).....	25 mg	2,084%	(as molybdenum krebs <sup>††</sup> )		
Riboflavin.....	20 mg	1,538%	Potassium (as potassium aspartate/ chloride complex).....	50 mg	1%
Niacin/Niacinamide.....	95 mg	594%			
Vitamin B <sub>6</sub> (as pyridoxine HCl).....	25 mg	1,471%	Betaine (as betaine HCl).....	50 mg	*
pyridoxal-5-phosphate complex)			Inositol.....	50 mg	*
Folate (as Metafolin®,.....	667 mcg DFE	167%	PABA (para-aminobenzoic acid).....	25 mg	*
L-5-MTHF) (400 mcg L-5-MTHF)			Boron (as boron citrate).....	0.75 mg	*
Vitamin B <sub>12</sub> (as methylcobalamin/ hydroxycobalamin/adenosylcobalamin).....	90 mcg	3,750%	Trace Mineral Complex (from seawater).....	50 mcg	*
Biotin.....	150 mcg	500%	Vanadium (as vanadium krebs <sup>††</sup> ).....	25 mcg	*
Pantothenic Acid.....	50 mg	1,000%	Vitamin K <sub>2</sub> (as menaquinone-7).....	22.5 mcg	*
(as d-calcium pantothenate)					
Choline.....	50 mg	5%			
(from choline bitartrate)					
Calcium (as calcium citrate/ amino acid chelate complex).....	175 mg	13%			
Iodine (as potassium iodide).....	100 mcg	67%			

Other ingredients: Hydroxypropyl methylcellulose (capsule), microcrystalline cellulose, hydroxypropyl cellulose, ascorbyl palmitate and silica

<sup>††</sup>Krebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex

\*Daily Value (DV) not established