

Other ingredients: Microcrystalline cellulose, hydroxypropyl cellulose, croscarmellose sodium, tablet coating (hypromellose, glycerin), ascorbyl palmitate, and silica

^{††}Krebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex

Manufactured by: Douglas Laboratories
600 Boyce Road, Pittsburgh, PA 15205
www.douglaslabs.com 1.800.245.4440

Suggested Usage: As a dietary supplement, adults take 6 tablets daily with food or as directed by your health professional. This product is best taken with meals.

Warning: If you are pregnant, nursing, have any health condition or taking any medication, particularly blood thinners, consult your health professional before using this product. Discontinue immediately if a burning sensation occurs. Not recommended for people with ulcers.

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.
OptiZinc® is a trademark of Lonza.

KEEP OUT OF THE REACH OF CHILDREN.
Store in a cool, dry place. Use only if safety seal is intact.



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Gluten-Free, Non-GMO

[†]This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Formula #202619 V1

Ultra Preventive® III

Multivitamin/Mineral Formula

Dietary Supplement

Daily wellness[†]



180 Tablets

Supplement Facts

Serving Size 6 Tablets
Servings Per Container 30

Amount Per Serving		%DV	Amount Per Serving		%DV
Vitamin A.....	7,500 mcg	833%	Iodine (as potassium iodide).....	200 mcg	133%
[30% [2,250 mcg] as vitamin A acetate/ 70% [5,250 mcg] as beta-carotene]			Magnesium (as magnesium citrate/ amino acid chelate complex).....	350 mg	83%
Vitamin C (as ascorbic acid)	1,000 mg	1,111%	Zinc (as OptiZinc® monomethionine).....	25 mg	227%
Vitamin D ₃ (as cholecalciferol) ...	25 mcg (1,000 IU)	125%	Selenium	200 mcg	364%
Vitamin E	134 mg	893%	[as selenium krebs ^{††}]		
[as d-alpha tocopherol succinate]			Manganese.....	3 mg	130%
Thiamine (as thiamine HCl).....	50 mg	4,167%	[as manganese sulfate]		
Riboflavin	40 mg	3,077%	Chromium	200 mcg	571%
Niacin/Niacinamide	190 mg	1,188%	[as chromium polynicotinate]		
Vitamin B ₆	50 mg	2,941%	Molybdenum	100 mcg	222%
[as pyridoxine HCl/ pyridoxal-5-phosphate complex]			[as molybdenum krebs ^{††}]		
Folate (as Metafolin®,)	1,333 mcg DFE	333%	Potassium	99 mg	2%
L-5-MTHF) (800 mcg L-5-MTHF)			[as potassium chloride]		
Vitamin B ₁₂ (as methylcobalamin/ hydroxycobalamin/ adenosylcobalamin)	180 mcg	7,500%	Betaine (as betaine HCl)	100 mg	*
Biotin	300 mcg	1,000%	Inositol	100 mg	*
Pantothenic Acid.....	100 mg	2,000%	PABA (para-aminobenzoic acid).....	50 mg	*
[as d-calcium pantothenate]			Boron (as boron citrate)	1.5 mg	*
Choline	100 mg	18%	Trace Mineral Complex	100 mcg	*
[from choline bitartrate]			[from seawater]		
Calcium (as calcium citrate/ amino acid chelate complex)	350 mg	27%	Vanadium [as vanadium krebs ^{††}].....	50 mcg	*
			Vitamin K ₂ (as menaquinone-7)	45 mcg	*

*Daily Value (DV) not established

