

Manufactured for: Douglas Laboratories
600 Boyce Road, Pittsburgh, PA 15205
www.douglaslabs.com 1.800.245.4440



Suggested Usage: As a dietary supplement, adults take 3 capsules 1-2 times daily with a meal or as directed by a health professional.

Warning: If you are pregnant, lactating, have any health condition, particularly liver problems, or taking any medication, consult your health professional before using this product.

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

®FloraGLO is a registered trademark of Kemin Industries, Inc. Zeaxanthin is sourced from OPTISHARP® brand. OPTISHARP® is a trademark of DSM.

ChromeMate® brand niacin-bound chromium. ChromeMate® & logo are trademarks of Lonza or its affiliates.

KEEP OUT OF THE REACH OF CHILDREN.

Store in a cool, dry place. Use only if safety seal is intact.

Gluten-free, Non-GMO

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Formula # 202603 V2

BEAUTY ESSENTIALS

DAILY MULTIVITAMIN ENHANCED WITH POLYPHENOLS†



THERE'S SCIENCE IN BEAUTY™

DIETARY SUPPLEMENT
90 VEGETARIAN CAPSULES

Supplement Facts

Serving Size 3 Vegetarian Capsules • Servings Per Container 30

	Amount Per Serving	%DV			
Vitamin A (as beta carotene)	1,125 mcg	125%	N-Acetyl-L-Cysteine (free-form)	50 mg	*
Vitamin C (as ascorbic acid)	250 mg	278%	Inositol	50 mg	*
Vitamin D ₃ (as cholecalciferol)	10 mcg (400 IU)	50%	Alpha Lipoic Acid (thioctic acid)	50 mg	*
Vitamin E (as d-alpha tocopherol succinate)	34 mg	227%	Boron (as boron glycinate)	1 mg	*
Thiamin (as thiamin HCl) (B ₁)	25 mg	2,083%	Vanadium (as vanadium aspartate)	50 mcg	*
Riboflavin (as vitamin B ₂ and 28% as riboflavin 5' phosphate (activated B ₂))	17.35 mg	1,335%	Polyphenol Blend:		
Niacin (as niacin and 67% niacinamide)	37.5 mg	234%	Blueberry Extract (<i>Vaccinium angustifolium</i> , fruit)	50 mg	*
Vitamin B ₆ (as pyridoxine HCl and 40% as pyridoxal 5' phosphate (activated B ₆))	10.4 mg	612%	Pomegranate Extract (<i>Punica granatum</i> , fruit, standardized to contain 40% punicosides)	50 mg	*
Folate (as Metafolin®, L-5-MTHF)	667 mcg DFE (400 mcg L-5-MTHF)	167%	Green Tea Extract (<i>Camellia sinensis</i> , leaf, standardized to contain 65% total tea catechins, 23% epigallocatechin (EGCG))	50 mg	*
Vitamin B ₁₂ (as methylcobalamin)	250 mcg	10,417%	Olive Extract (<i>Olea europaea</i> , fruit, standardized to contain 1% hydroxytyrosol)	25 mg	*
Biotin	400 mcg	1,333%	Grape Extract (<i>Vitis vinifera</i> , seed, standardized to contain 92% polyphenols)	25 mg	*
Pantothenic Acid (as calcium pantothenate) (B ₅)	25 mg	500%	Quercetin	25 mg	*
Choline (as choline bitartrate)	20 mg	4%	Carotenoid Complex:		
Calcium (as calcium citrate)	150 mg	12%	FloraGLO® Lutein	3 mg	*
Iodine (as potassium iodide)	100 mcg	67%	Zeaxanthin	500 mcg	*
Magnesium (as magnesium citrate)	75 mg	18%	Proprietary Mixed Carotenoid Blend (as lutein, lycopene, zeaxanthin)	212 mcg	*
Zinc (as zinc picolinate)	7.5 mg	68%			
Selenium (as selenomethionine)	100 mcg	182%			
Copper (as copper glycinate)	1 mg	111%			
Manganese (as manganese aspartate)	2.5 mg	109%			
Chromium (as chromium polynicotinate)	50 mcg	143%			
Molybdenum (as molybdenum aspartate)	50 mcg	111%			
Potassium (as potassium aspartate)	49 mg	1%			

*Daily Value (DV) not established

Other ingredients: Hydroxypropyl methylcellulose (capsule), ascorbyl palmitate



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