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Suggested Usage: Adults take 1 capsule 30 minutes before breakfast and 1 capsule 30 minutes before dinner.

WARNING: If you are pregnant, nursing, or have diabetes or any other medical condition for which you are under the care of a physician, consult your health professional before using this product.

*ZyChrome® brand Chromium Dinicocysteinate

ZYCHROME® ZyChrome® is a trademark of InterHealth N.I.

MERATRIM® Meratrim® brand proprietary blend of two natural plant extracts.

Meratrim® is exclusively distributed by InterHealth N.I.

Capsimax® Capsimax™ is a trademark of OmniActive Health Technologies.



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KEEP OUT OF THE REACH OF CHILDREN.
Store in a cool, dry place. Use only if safety seal is intact.
Gluten-free, Non-GMO

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Formula # 202450

Metabolic Lean®

Dietary Supplement

Support for healthy weight management†

DOUGLAS LABORATORIES®

60 Vegetarian Capsules

Supplement Facts

Serving Size 1 Vegetarian Capsule

Servings Per Container 60

	Amount Per Serving	%DV
Chromium	100 mcg	83%
(as Chromium Dinicocysteinate)*		
Meratrim® Proprietary Blend	400 mg	*
(Sphaeranthus indicus [flower heads] extract, Garcinia mangostana [fruit rind] extract)		
Capsaicinoids	0.5 mg	*
(from Capsimax™, providing capsaicin, dihydrocapsaicin, nordihydrocapsaicin)		

*Daily Value (DV) not established.

Other ingredients: Microcrystalline cellulose, hydroxypropyl methylcellulose (capsule), vegetable stearate and silica.

Manufactured by: Douglas Laboratories
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www.douglaslabs.com 1.800.245.4440