

Other ingredients: Hydroxypropyl methylcellulose (capsule), cellulose, microcrystalline cellulose, hydroxypropyl cellulose, ascorbyl palmitate, and silica.

Manufactured by: Douglas Laboratories
600 Boyce Road, Pittsburgh, PA 15205
www.douglaslabs.com 1.800.245.4440

Suggested Usage: As a dietary supplement, adults take 8 vegetarian capsules daily or as directed by your healthcare professional. This product is best taken with meals.

WARNING: Consult a health care professional before use if taking blood thinners. This product is not recommended for pregnant or lactating women. If you have any health condition or are taking any medication, consult your health professional before use.

**Krebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex.

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

OptiZinc® is a trademark of InterHealth N.I.

KEEP OUT OF THE REACH OF CHILDREN.

Store in a cool, dry place. Use only if safety seal is intact.



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Gluten-free, Non-GMO

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Formula # 202346 V2

Ultra Preventive® X

Dietary Supplement

Signature multivitamin/mineral with fruits and vegetables for daily wellness†



240 Vegetarian Capsules

Supplement Facts

Serving Size 8 Vegetarian Capsules • Servings per container 30

Amount Per Serving		%DV	Amount Per Serving		%DV
Vitamin A (as 67% natural beta-carotene and 33% Vitamin A palmitate)	2,250 mcg	250%	Quercetin (as dihydrate)	50 mg	*
Vitamin C (as ascorbic acid)	500 mg	556%	Lemon bioflavonoids	50 mg	*
Vitamin D3 (as cholecalciferol)	12.5 mcg [500 IU]	63%	Papain (from <i>Carica papaya</i> , fruit)	50 mg	*
Vitamin E (as natural d-alpha tocopheryl succinate plus mixed tocopherols)	.67 mg	447%	Bromelain (from <i>Anana comosus</i> , pineapple stem)	25 mg	*
Thiamine (as thiamine HCl)	.50 mg	4,167%	Grape seed extract (standardized to 95% polyphenols)	25 mg	*
Riboflavin (as Riboflavin/Riboflavin-5-phosphate)	.25 mg	1,923%	Alpha Lipoic Acid	25 mg	*
Niacin/Niacinamide	.95 mg	594%	Rutin (from <i>Sophora japonica</i> , flower)	12.5 mg	*
Vitamin B6 (as Pyridoxine HCl/Pyridoxal-5-phosphate)	.50 mg	2,941%	Boron (as boron glycinate)	1.5 mg	*
Folate (as L-methylfolate, Metafolin®) (400 mcg L-5-MTHF)	.667 mcg DFE	167%	Vanadium (as Vanadium Krebs**)	25 mcg	*
Vitamin B12 (as methylcobalamin/adenosylcobalamin/hydroxocobalamin)	.250 mcg	10,417%	Vitamin K2 (as menaquinone-7)	22.5 mcg	*
Biotin	150 mcg	500%	Proprietary Organic Fruit and Vegetable Blend	350 mg	*
Pantothenic Acid (as d-calcium pantothenate)	50 mg	1,000%	Organic beet powder (root), Organic carrot powder (root), Organic black currant powder (fruit), Organic blueberry powder (fruit), Organic broccoli powder (whole plant), Organic Concord grape powder (fruit), Organic collard greens powder (leaf), Organic pomegranate powder (fruit), Organic green cabbage powder (whole plant), Organic cranberry powder (fruit), Organic kale powder (whole plant), Organic parsley powder (whole plant), Organic raspberry powder (fruit), Organic spinach powder (whole plant)		
Choline (from choline bitartrate)	137.5 mg	25%	Organic Phytonutrient Blend		
Calcium (as calcium citrate/malate/chelate complex)	210 mg	16%	Organic Spirulina (whole plant)	50 mg	*
Iodine (from kelp)	100 mcg	67%	Organic Chlorella (whole plant, broken cell wall)	50 mg	*
Magnesium (as magnesium citrate/chelate complex)	210 mg	50%	Organic Green Tea leaf extract (standardized to 50% polyphenols, 20% EGCG)	25 mg	*
Zinc (as OptiZinc®, monomethionine)	12.5 mg	114%	Carotenoids		
Selenium (as selenomethionine)	100 mcg	182%	Lutein (from marigold flower extract)	.5 mg	*
Copper (as copper amino acid chelate)	.1 mg	111%	Lycopene (from tomatoes)	.3 mg	*
Manganese (as manganese sulfate)	4.5 mg	196%	Zeaxanthin isomers (from marigold flower extract)	.1 mg	*
Chromium (as chromium polynicotinate)	100 mcg	286%			
Molybdenum (as molybdenum krebs**)	.50 mcg	111%			
Potassium (as potassium chloride)	.50 mg	1%			
N-Acetyl-L-Cysteine	.75 mg	*			
Betaine HCl	.75 mg	*			
Inositol	.50 mg	*			

*Daily Value (DV) not established.