

Other ingredients: Microcrystalline cellulose, croscarmellose sodium, hydroxypropyl cellulose, stearic acid, silica, vegetable stearate, and tablet coating (hypromellose, glycerin).

Manufactured by: Douglas Laboratories  
600 Boyce Road, Pittsburgh, PA 15205  
[www.douglaslabs.com](http://www.douglaslabs.com) 1.800.245.4440

**Suggested Usage:** As a dietary supplement, adults take 6 tablets daily with food or as directed by your health professional.

**Warning:** Consult a health professional prior to use if you are taking blood thinners, medications or have a medical condition. Due to Vitamin A dose, this product is not recommended for women who may become pregnant or of child bearing age.

KEEP OUT OF THE REACH OF CHILDREN.

Store in a cool, dry place.

Use only if safety seal is intact.

**Gluten-free, Non-GMO**

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.



Scan to learn about our manufacturing excellence

# Basic Preventive<sup>®</sup> 2

(Iron and Copper Free)

Dietary Supplement

Daily wellness<sup>†</sup>



180 Tablets

## Supplement Facts

Serving Size 6 Tablets  
Servings Per Container 30

	Amount Per Serving	%DV		Amount Per Serving	%DV
Vitamin A.....	7,500 mcg	833%	Magnesium.....	500 mg	119%
(as 40% vitamin A acetate and 60% [4,500 mcg] as natural beta carotene)			(as magnesium aspartate-ascorbate/ magnesium amino acid chelate/ magnesium oxide complex)		
Vitamin C.....	1,200 mg	1,333%	Zinc.....	20 mg	182%
(as calcium ascorbate and magnesium/ potassium aspartate-ascorbate/ ascorbic acid complex)			(as zinc amino acid chelate)		
Vitamin D <sub>3</sub> .....	2.5 mcg (100 IU)	13%	Selenium.....	200 mcg	364%
Vitamin E.....	268 mg	1,787%	(as selenium amino acid complex)		
(as d-alpha tocopheryl succinate)			Manganese.....	20 mg	870%
Vitamin K <sub>1</sub> (as phytonadione).....	60 mcg	50%	(as manganese amino acid chelate)		
Thiamine (as thiamine mononitrate).....	100 mg	8,333%	Chromium.....	200 mcg	571%
Riboflavin.....	50 mg	3,846%	(as chromium polynicotinate)		
Niacin (as niacinamide and niacin).....	200 mg	1,250%	Molybdenum.....	150 mcg	333%
Vitamin B <sub>6</sub> .....	50 mg	2,941%	(as molybdenum amino acid chelate)		
(as pyridoxine hydrochloride)			Potassium.....	99 mg	2%
Folate (as folic acid).....	1,333 mcg DFE (800 mcg folic acid)	333%	(as potassium aspartate-ascorbate/ potassium chloride complex)		
Vitamin B <sub>12</sub> (as cyanocobalamin).....	100 mcg	4,167%	Inositol.....	50 mg	*
Biotin.....	300 mcg	1,000%	Vanadium (as vanadyl sulfate).....	39 mcg	*
Pantothenic acid.....	400 mg	8,000%	Boron (as boron aspartate-citrate).....	2 mg	*
(as d-calcium pantothenate)			Para-Aminobenzoic Acid.....	50 mg	*
Choline (as choline bitartrate).....	60 mg	11%	Citrus Bioflavonoids Complex.....	100 mg	*
Calcium (as calcium citrate.....	500 mg	38%	Raw Glandular Tissue Blend.....	180 mg	*
and calcium ascorbate)			Thymus 51 mg, Spleen 51 mg, Liver 51 mg, and Adrenal 27 mg		
Iodine (from kelp).....	150 mcg	100%			

\*Daily Value (DV) not established.