

Manufactured by: Douglas Laboratories  
600 Boyce Road, Pittsburgh, PA 15205  
www.douglaslabs.com 1.800.245.4440

**Suggested Usage:** As a dietary supplement, adults take 3 capsules daily or as directed by your health professional.

**Warning:** If you are pregnant, nursing, have any health condition or taking any medication, consult your health professional before using this product. Biotin may interfere with certain blood tests. Wait at least 8 hours between biotin consumption and blood testing. Inform your health professional about all biotin-containing supplements you are taking.

Cynatine® HNS is a registered trademark of Roxlor, LLC.

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

KEEP OUT OF THE REACH OF CHILDREN.

Store in a cool, dry place. Use only if safety seal is intact.

**Gluten-free, Non-GMO**

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

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Formula # 201345 V5



# ULTRA HNS

STRENGTHENS HAIR, NAILS & SKIN\*

THERE'S SCIENCE IN BEAUTY™

DIETARY SUPPLEMENT  
90 VEGETARIAN CAPSULES

## Supplement Facts

Serving Size 3 Vegetarian Capsules  
Servings Per Container 30

	Amount Per Serving	%DV
Vitamin C.....	250 mg	278%
(as ascorbic acid)		
Folate.....	333 mcg DFE	83%
(as Metafolin®, L-5-MTHF)	(200 mcg L-5-MTHF)	
Biotin.....	6,000 mcg	20,000%
Zinc (as zinc krebs**)	25 mg	227%
Cynatine® HNS.....	500 mg	*
(soluble keratin)		
PABA.....	75 mg	*
(para-aminobenzoic acid)		
Citrus Bioflavonoids Complex.....	75 mg	*

\*Daily Value (DV) not established

Other ingredients: Hydroxypropyl methylcellulose (capsule), dicalcium phosphate, vegetable stearate, microcrystalline cellulose and silica

\*\*Krebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex