

Manufactured by: Douglas Laboratories  
600 Boyce Road, Pittsburgh, PA 15205  
www.douglaslabs.com 1.800.245.4440

**Suggested Usage:** As a dietary supplement, adults take 6 tablets daily with food or as directed by your health professional.

**Warning:** If you are pregnant or nursing, or if you are taking any medications, consult your health professional before using this supplement. Discontinue immediately if a burning sensation occurs. Not recommended for people with ulcers.

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

OptiZinc® is a trademark of Lonza

KEEP OUT OF THE REACH OF CHILDREN.

Store in a cool, dry place. Use only if safety seal is intact.



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**Gluten free, Non-GMO**

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Formula #200571 V5

# Ultra Preventive® Beta

## Dietary Supplement

Multivitamin/mineral with beta-carotene for daily wellness†



180 Tablets

## Supplement Facts

Serving Size 6 Tablets

Servings Per Container 30

	Amount Per Serving	%DV		Amount Per Serving	%DV
Vitamin A.....	4,500 mcg	500%	Selenium (as organic selenium.....	200 mcg	364%
(100% as natural beta-carotene)			from krebs** cycle and kelp)		
Vitamin C (as ascorbic acid) .....	1,200 mg	1,333%	Manganese.....	20 mg	870%
Vitamin D <sub>3</sub> .....	25 mcg (1,000 IU)	125%	(as manganese aspartate complex)		
(as cholecalciferol)			Chromium .....	200 mcg	571%
Vitamin E .....	268 mg	1,787%	(as chromium polynicotinate)		
(as vitamin E succinate)			Molybdenum .....	100 mcg	222%
Thiamine (as thiamine HCl) .....	100 mg	8,333%	(as molybdenum krebs**)		
Riboflavin .....	50 mg	3,846%	Potassium .....	99 mg	2%
Niacin/Niacinamide .....	190 mg	1,188%	(as potassium aspartate complex)		
Vitamin B <sub>6</sub> (as pyridoxine .....	100 mg	5,882%			
HCl/pyridoxal-5-phosphate complex)			N-Acetyl-L-Cysteine/L-Cysteine.....	200 mg	*
Folate (as Metafolin®.....	1,333 mcg DFE	333%	Betaine.....	114 mg	*
L-5-MTHF) .....	(800 mcg L-5-MTHF)		(from betaine HCl)		
Vitamin B <sub>12</sub> (as cyanocobalamin) .....	100 mcg	4,167%	Inositol .....	100 mg	*
Biotin.....	300 mcg	1,000%	Citrus Bioflavonoids Complex .....	100 mg	*
Pantothenic Acid .....	500mg	10,000%	PABA (para-aminobenzoic acid).....	50 mg	*
(as d-calcium pantothenate)			Glutamic Acid.....	20 mg	*
Choline (from choline citrate/bitrate).....	60 mg	11%	L-Methionine.....	12.5 mg	*
Calcium .....	500 mg	38%	Boron .....	3 mg	*
(as calcium citrate/ascorbate complex)			(as boron aspartate/citrate complex)		
Iodine (from kelp) .....	200 mcg	133%	Trace Elements .....	100 mcg	*
Magnesium (as magnesium aspartate/ .....	500 mg	119%	(from sea seawater)		
ascorbate complex)			Vanadium .....	50 mcg	*
Zinc.....	30 mg	273%			
(as OptiZinc® monomethionine)					

\*Daily Value (DV) not established

Other ingredients: Microcrystalline cellulose, croscarmellose sodium, stearic acid, silica, tablet coating (hypromellose, glycerin), and vegetable stearate

\*\*Krebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex