

Other ingredients: Purified water, natural vegetable glycerin, apple juice concentrate, lemon crème flavor with other natural flavors, medium chain triglycerides, xanthan gum, purified stevia leaf extract, citric acid, potassium sorbate, rosemary leaf extract, natural mixed tocopherols

Manufactured in Canada for: Douglas Laboratories  
600 Boyce Road, Pittsburgh, PA 15205  
www.douglaslabs.com 1.800.245.4440

**Suggested Usage:** As a dietary supplement, adults take 2 teaspoons daily, with a meal.

**Warning:** If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

KEEP OUT OF THE REACH OF CHILDREN.

Store in a cool, dry place. Use only if safety seal is intact.

\*FloraGLO is a registered trademark for Kemin Industries, Inc.

**Gluten-free, Non-GMO**

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Formula # 200530 V3

# Liquid Multivitamin

## Dietary Supplement

Liquid multivitamin/mineral with fruit and vegetable blend for daily wellness†



Net Weight  
7.8 fl oz (230ml)

# Supplement Facts

Serving Size 2 Teaspoons (10 ml)  
Servings Per Container 23

	Amount Per Serving	%DV		Amount Per Serving	%DV
Calories	15		Zinc (as zinc gluconate)	12 mg	109%
Total Carbohydrate	4 g	1% <sup>^</sup>	Manganese (as manganese gluconate)	1 mg	43%
Vitamin A (as beta carotene)	300 mcg	33%	Chromium (as chromium nicotinate glycinate chelate)	200 mcg	571%
Vitamin C (as ascorbic acid)	100 mg	111%	<b>Fruit and Vegetable Powder Blend (Organic)</b>	150 mg	*
Vitamin D <sub>3</sub> (as cholecalciferol, from lichen)	20 mcg (800 IU)	100%	Strawberry fruit, tart cherry fruit, blackberry fruit, blueberry fruit, raspberry fruit, beet root, carrot root, spinach leaf, broccoli stem and floret, tomato fruit, kale leaf, cabbage leaf, parsley leaf, brussels sprout edible head, green bell pepper fruit, cucumber whole fruit, celery stalk, garlic bulb, ginger root, green onion, cauliflower curd, asparagus stalk		
Vitamin E (as d-alpha tocopherol acetate)	20 mg	134%	Lutein (FloraGLO®)	3 mg	*
Thiamine (as thiamine HCl)	7.5 mg	625%	Boron (as boron glycinate)	0.7 mg	*
Riboflavin (as riboflavin-5-phosphate)	4 mg	308%			
Niacin (as niacinamide)	25 mg	156%			
Vitamin B <sub>6</sub> (as pyridoxine HCl)	5 mg	294%			
Biotin	400 mcg	1,333%			
Pantothenic Acid (as calcium pantothenate)	20 mg	400%			
Calcium (as calcium citrate)	40 mg	3%			
Iodine (as potassium iodide)	75 mcg	50%			
Magnesium (as magnesium citrate)	20 mg	5%			

\*Daily Value (DV) not established

<sup>^</sup>Percent Daily Values are based on a 2,000 calorie diet



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