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Suggested Usage: As a dietary supplement, adults take 1 capsule daily or as directed by your health professional.

Warning: If you are pregnant or nursing, or if you are taking prescription medications, consult your health professional before using this supplement.

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KEEP OUT OF THE REACH OF CHILDREN.

Store in a cool, dry place. Use only if safety seal is intact.



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Gluten-free, Non-GMO

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Formula #200063 V3

Chromium 200 mcg

Dietary Supplement

Metabolic health[†]



100 Vegetarian Capsules

Supplement Facts

Serving Size 1 Vegetarian Capsule
Servings Per Container 100

	Amount Per Serving	%DV
Chromium	200 mcg	571%
(as chromium polynicotinate, ChromeMate®)		
% Daily Value (DV)		

Other ingredients: Microcrystalline cellulose, hydroxypropyl methylcellulose (capsule) and vegetable stearate

Manufactured by: Douglas Laboratories
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