

VISION | SUPPORT PROTOCOL[†]

[Developed by Dr. Stuart Richer]*

Protocol Objectives:

This protocol will help to assess your patients vision in order to determine optimal supplementation for maintaining the health of the eyes.[†] This assessment can be performed by all healthcare practitioners or in conjunction with an ocular physician.

Clinical Objective	Assessment	Recommendations [†]	Dosing
Support the macula and age-related vision[†]	Screen for visual changes starting age 40 and every year Patients often report subtle partial vision loss (black spots), night driving issues, low light reading issues (needing more light to see). Assess for all risk factors and family history of age-related vision loss, and attempt to minimize with lifestyle (i.e. smoking cessation), with lifestyle and nutritional modifications Refer high risk patients to retina specialist	Ultra Preventive Vision as foundational multivitamin/mineral with additional ocular support And Macu-Support And Ocu-Omega	3 capsules daily 4 capsules daily with food 3 capsules daily with food
Support the eyes after excess blue light exposure[†]	Screen all adult patients for increased exposure to LED, computer screens, TV, smartphones that contain blue light Assess family history and risk factors for age-related vision loss	Ultra Preventive Vision as foundational multivitamin/mineral with additional ocular support Or Lutein if patient already taking a Multivitamin/mineral	4 capsules daily with food 2-3 softgels daily with food
Support overall visual performance[†]	Assess glare disability/recovery, contrast sensitivity, acuity/sharpness, visual comfort	Ultra Preventive Vision And Ocu-Omega	4 capsules daily with food 3 capsules daily with food
Support eye moisture and eye fatigue[†]	Patient reports dry, itchy, fatigued, burning, red eyes especially late in the day. Patient stares at computer screens for long periods, wears contact lenses, lives in dry climate, had LASIK/PRK or laser eye surgery	Eye Moisture Support	2 softgels daily with food

Visit www.douglaslabs.com for more details.

*Dr. Stuart Richer, O.D., Ph.D. is a retained Clinical Advisor of Douglas Laboratories

†These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

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