

**ULTRA PREVENTIVE® SUITE OF MULTIVITAMINS** 



# DOUGLAS LABORATORIES NAMED NUTRISEARCH GOLD MEDAL OF ACHIEVEMENT™ RECIPIENT

Five-star Rating Recognizes Superior Product Content and Manufacturing Practice for Ultra Preventive® X

- The NutriSearch Comparative Guide to Nutritional Supplements™ completed its review of the vitamin and mineral marketplace and awarded the NutriSearch GOLD Medal of Achievement to less than one percent of more than 1,600 North American supplements reviewed. Each product is assessed on 18 important health support criteria against a blended standard, which is created from the published recommendations for daily nutrient intake of 12 recognized nutritional authorities.
- Douglas Laboratories qualified for this top award for product content, demonstrating superior Good Manufacturing Practices (GMP) with NSF® International, ISO certification and accreditation, and documenting a successful, independent laboratory analysis of product label claims.

#### **FEATURES**

- Douglas Laboratories multivitamins have been carefully developed to contain the right
  proportions of vitamins, minerals, and trace elements without danger of toxic build-up
  and without side effects. Each ingredient is selected in consideration of its absorbability,
  competitive relationship with other nutrients, allergenic potential, and long-term safety.
- Metafolin® (5-MTHF) folate and additional Vitamin D3 have been added to many of Douglas Laboratories® Ultra Preventive® supplements.



#### **MULTIVITAMINS**

Studies show that a high percentage of adults in North America and other developed areas eat less than the minimum daily allowance of 10 or more essential nutrients. Adequate amounts and proper balance of these nutrients are needed not only for maintaining good health, but also for the dietary management of the body's structure and functioning of its various systems.

### **COMPARE BRANDS**

## **Compare Douglas Laboratories to a Leading National Brand**

Aren't all supplements more or less the same?

No. Douglas Laboratories dietary supplements are "professional grade". They offer you superior nutrition, compared to the most popular brands you may find in stores.

A great example is Ultra Preventive® X, our potent multivitamin formulated according to the latest science to support overall good health. It contains powerful antioxidants with beta-carotene, natural vitamin E, a high-potency complex of B vitamins, calcium, magnesium, and a full spectrum of trace elements, along with a comprehensive green food blend with select extracts and powders from over 25 fruits, vegetables and herbs.

Unlike one of America's top-selling retail brands, Ultra Preventive® X also contains high concentrations of essential vitamins, minerals and other nutrients in safe, optimal amounts.

- Contains a blend of organic fruits and vegetables: one serving provides the ORAC (antioxidant value equivalent to 4-5 fruits and vegetables)
- Contains folate from Metafolin®, a superior form of folic acid that is readily absorbed by the body
- 1000 IU of Vitamin D3 per serving
- Continues to hold the 5-star gold-standard rating in the Nutrisearch Comparative Guide to Nutritional Supplements

# Take a look at the table and compare for yourself

	Ultra Preventive® X	Store Brand	Ultra Pi	reventive® X	Store Brand
Vitamin A	15,000 IU	3,500 IU	Lutein (natural)	6 mg	NONE
Vitamin C	1,400 mg	60mg	Zeaxanthin	6 mg	NONE
Vitamin D	NONE	400 ĬU	Inositol	100 mcg	NONE
Vitamin D-3	1,000 IU	NONE	Trace Elements	approx.	
Vitamin E	400 IU	30 IU	(from sea vegetation)	100 mcg	NONE
Vitamin K	NONE	25 mcg	Choline	60 mg	NONE
Thiamin	100 mg	1.5 mg	PABA	50 mg	NONE
Riboflavin	50 mg	1.7 mg	L-Cysteine/N-Acetyl	150 mg	NONE
Niacin	NONE	20 mg	Betaine	114 mg	NONE
Niacin/Niacinamide	190 mg	NONE	Bromelain (2,000 GDU/g)	50 mg	NONE
Vitamin B6	100 mg	2 mg	Glutamic Acid	20 mg	NONE
Folate (from Metafolin®)	)800 mcg	NONE	L-Methionine	12.5 mg	NONE
Folic Acid	NONE	400 mcg	Bioflavonoids and	100 mg	NONE
Vitamin B12	250 mcg	6 mcg	Proanthocyanidins Rose Hips		
Biotin	300 mcg	30 mcg	Lemon Bioflavonoids	100 mg	NONE
Pantothenic Acid	500 mg	10 mg	Red Wine	50 mg	NONE
Calcium	500 mg	200 mg	Proanthocyanidins/Pine Bark Ex	tract	
Iron	NONE	18 mg	Hesperidin	35 mg	NONE
Phosphorus	NONE	20 mg	Rutin		NONE
lodine	200 mcg	150 mcg	Vegetables, Fruits and Herbs;	700 mg	NONE
Magnesium	500 mg	50 mg	Proprietary Organic Fruit		
Zinc	25 mg	10 mg	and Vegetable Blend		
Selenium	200 mcg	55 mcg	Garlic	100 mg	NONE
Copper	2 mg	0.5 mg	Cauliflower (entire plant)	100 mg	NONE
Manganese	10 mg	2.3 mg	Spirulina	100 mg	NONE
Chromium	200 mcg	35 mcg	Chlorella (broken cell wall)	100 mg	NONE
Molybdenum	100 mcg	45 mcg	Green Papaya Extract (Fruit)	100 mg	NONE
Chloride	NONE	72 mg	Blackberry (Fruit)	80 mg	NONE
Potassium	99 mg	80 mg	Celery powder (leaf)	70 mg	NONE
Boron	1.5 mg	75 mcg	Black radish powder (root)		NONE
Nickel	NONE	5 mcg	Apricot powder (fruit)	70 mg	NONE
Tin	NONE	10 mcg	Green Tea Extract (leaf)	50 mg	NONE
Vanadium	50 mcg	10 mcg	Apple Pectin (fruit)		NONE



#### **Ultra Preventive® X**

#### Formula# 200569

Essential nutrition for optimal health. Our most comprehensive multivitamin and mineral supplement in a special green food base includes a variety of organic fruits and vegetables. This unique formula provides extra vitamin D and the body's preferred form of readily bioavailable folate, Metafolin®, adding to the other carefully formulated vitamins, minerals, trace elements and nutrients found in this product.We are proud to announce the availability of Metafolin®, the body's preferred form of folate. Metafolin®, also known as (6S)-5-methyltetrahydrofolic acid ((6S)5-MTHF), is the naturally occurring, predominant form of folate, and is directly usable by the body. Metafolin® is patented, contains only the S isomer of 5-MTHF, and has been shown to be the only form of folate to be able to cross the blood-brain barrier.

120 Tablets / 240 Tablets

Ultra Preventive® X
named NutriSearch GOLD Medal
of Achievement™ recipient by
NutriSearch Comparative Guide to
Nutritional Supplements™



<sup>\*(</sup>By the independent NutriSearch Comparative Guide to Nutritional Supplements™. Over 500 nutritional products from hundreds of manufacturers tested.)

SUPPLEMENT FACTS		Amino Acids and Enzymes	
Serving Size 8 Tablets		L-Cysteine/N-Acetyl L-Cysteine	
		Betaine (from 150 mg Betaine HCl)	
Amount Per Serving	%DV	Bromelain (2,000 GDU/g)	
		Glutamic Acid (from 25 mg Glutamic Acid HCl)	
Vitamin A	000 IU 300%	L-Methionine	12.5 mg *
(33% as Vitamin A Palmitate [5,000 IU]/67% [10,000 IU] as		Bioflavonoids and Proanthocyanidins	
Natural Beta-Carotene) from D. Salina with full spectrum carotenoids	S <sup>††</sup>	Rose Hips	
Vitamin C		Lemon Bioflavonoids	
(as Ascorbic Acid/Ascorbyl Palmitate/Calcium and	,	Red Wine Proanthocyanidins/Pine Bark Extract	
Magnesium Ascorbate complex)		Hesperidin	
Vitamin D-31,0	000 IU 250%	Rutin	25 mg *
Vitamin E (natural, as d-alpha tocopheryl plus mixed tocopherols)4		Vegetables Fruits and Herbs	
Thiamine		Proprietary Organic Fruit and Vegetable Blend	
Riboflavin		Organic beet powder (root), Organic carrot powder (	
Niacin/Niacinamide		Organic black currant powder (fruit), Organic bluebe	
Vitamin B-6 (as Pyridoxine HCI/	701115	(fruit), Organic broccoli powder (whole plant), Organ	
Pyridoxal-5-Phosphate Complex)	00 mg 5.000%	grape powder (fruit), Organic green cabbage powder	
Folate (as L-methylfolate, Metafolin®)800	0 mcg 200%	Organic collard greens powder (leaf), Organic mount	
Vitamin B-12 (methylcobalamin)	0 mcg 4.167%	powder (fruit), Organic kale powder (whole plant), C	
Biotin		powder (whole plant), Organic pomegranate powder	
Pantothenic Acid (as d-Calcium Pantothenate)		raspberry powder (fruit), Organic spinach powder (w	
Calcium (as Calcium Citrate/Ascorbate/Carbonate Complex)		Garlic (bulb, Pure-Gar®, odorless)	
lodine (from Kelp)		Cauliflower (entire plant)	
Magnesium (as Magnesium Aspartate/Ascorbate/Oxide Complex) 50		Spirulina	
Zinc (as Zinc Amino Acid Chelate)		Chlorella (broken cell wall)	
Selenium (as Selenium Krebs†/Kelp complex)200		Green Papaya Extract (fruit)	
Copper (as Copper Amino Acid Chelate)		Blackberry (fruit)	80 mg *
Manganese (as Manganese Aspartate/Sulfate Complex)		Celery powder (leaf)	
Chromium		Black radish powder (root)	
(Organically bound with GTF activity-low allergenicity)	0	Apricot powder (fruit)	
Molybdenum (as Molybdenum Krebs†)100	0 mcg 133%	Green Tea Extract (leaf)	
Potassium (as Potassium Aspartate/Chloride Complex)		Apple Pectin (fruit)	50 mg *
Lutein (natural)	C ma *	*Daily Value not established.	
Lycopene (natural)		,	
Zeaxanthin		Other ingredients: Cellulose and silica.	
ZeaxantninOther Minerals, Nutrients and Trace Elements	. i ilig	9	
	20 *	†Krebs = Citrate, Fumarate, Malate, Glutarate and Succina	te Complex.
Inositol		††Including Beta-Carotene, Alpha-Carotene, Zeaxanthin, G	
		Lycopene.	71
Choline (from 150 mg Choline Citrate/Bitartrate)		Metafolin® is a registered trademark of Merck KGaA, Darm	nstadt, Germany.
PABA (para-aminobenzoic acid)			y-
Boron (as Boron Aspartate/Citrate complex)			
Vanadium (as Vanadium Krebs <sup>+</sup> )50	u mcg *		



### **Ultra Preventive® X (Vegetarian Capsules)**

Formula# 200574

240 Vegetarian Capsules

Vegetarian capsule formula option of our most popular Ultra Preventive® X formula, the 5 Star rated multivitamin with a powerful organic fruit and vegetable base.

SUPPLEMENT FACTS			Amino Acids and Enzymes		
Serving Size 8 Vegetarian Capsules • Servings Per Container 30			L-Cysteine/N-Acetyl L-Cysteine		*
			Betaine (from 75 mg Betaine HCl)		*
Amount Per Serving		%DV	Bromelain (2,000 GDU/g)		*
			Glutamic Acid (from 13 mg Glutamic Acid HCl)		*
Vitamin A (33% as Vitamin A Palmitate [2,500 IU]/			L-Methionine	6.3 mg.	*
67% [5,000 IU] as Natural Beta-Carotene) from			Bioflavonoids and Proanthocyanidins		
D. Salina with full spectrum carotenoids <sup>††</sup>	7.500 IU	150%	Rose Hips	50 mg.	*
Vitamin C (as Ascorbic Acid/Ascorbyl Palmitate/		,.	Lemon Bioflavonoids	50 mg.	*
Calcium and Magnesium Ascorbate complex)	700 mg.	1,167%	Red Wine Proanthocyanidins/Pine Bark Extract	25 mg.	-
Vitamin D-3		125%	(OPC 85) (J.Mesquelier U.S. Patent No. 4,698,360)		
Vitamin E (natural, as d-alpha tocopheryl plus			Hesperidin		-
mixed tocopherols)	200 IU	667%	Rutin	12.5 mg.	*
Thiamine		3.333%	Vegetables Fruits and Herbs		
Riboflavin		1,147%	Proprietary Organic Fruit and Vegetable Blend		*
Niacin/Niacinamide		475%	Organic beet powder (root), Organic carrot powder (ro		
Vitamin B-6 (as Pyridoxine HCI/		1,3,0	Organic black currant powder (fruit), Organic blueberry		
Pyridoxal-5-Phosphate Complex)	50 mg	2,500%	(fruit), Organic broccoli powder (whole plant), Organic		
Folate (as L-methylfolate, Metafolin®)	400 mcg	100%	grape powder (fruit), Organic green cabbage powder (	whole plant),	
Vitamin B-12 (methylcobalamin)	125 mcg	2,083%	Organic collard greens powder (leaf), Organic mountai	1	
Biotin		50%	cranberry powder (fruit), Organic kale powder (whole		
Pantothenic Acid (as d-Calcium Pantothenate)		2,500%	Parsley powder (whole plant), Organic pomegranate po	owder (fruit),	
Calcium (as Calcium Citrate/Ascorbate/Carbonate Complex)		25%	Organic raspberry powder (fruit), Organic spinach pov		
lodine (from Kelp)		67%	Garlic (bulb, Pure-Gar®, odorless)		- 4
Magnesium		63%	Cauliflower (entire plant)	50 mg.	*
(as Magnesium Aspartate/ Ascorbate/Oxide Complex)	250 1116.	03 70	Spirulina		
Zinc (as Zinc Amino Acid Chelate)	12.5 mg	83%	Chlorella (broken cell wall)		
Selenium (as Selenium Krebs <sup>†</sup> /Kelp complex)	100 mcg	143%	Green Papaya Extract (fruit)		*
Copper (as Copper Amino Acid Chelate)		50%	Blackberry (fruit)		*
Manganese (as Manganese Aspartate/Sulfate Complex)		250%	Celery powder (leaf)		*
Chromium (Organically bound with GTF		230 70	Black radish powder (root)		
activity-low allergenicity)	100 mcg	83%	Apricot powder (fruit)		*
Molybdenum (as Molybdenum Krebs†)		67%	Green Tea Extract (leaf)	25 mg.	- 4
Potassium (as Potassium Aspartate/Potassium Chloride Complex)		1%	Apple Pectin (fruit)	25 mg.	*
			*Daily Value not established		
Lutein (natural)		*	*Daily Value not established Other ingredients: Cellulose and silica.		
Lycopene (natural)		*	Other ingredients. Cellulose and silica.		
Zeaxanthin	0.5 mg.	*	† Krebs = Citrate, Fumarate, Malate, Glutarate and Succinate	Compley	
Other Minerals, Nutrients and Trace Elements			i Nieus = Citrate, Furnarate, Maiate, Giutarate and Succinate	: Complex.	
Inositol	50 mg.	*	tt Including Pota Caratona Alpha Caratona Zassenthia Co	untovanthin	
Trace Elements (from Sea Vegetation)app	rox. 50 mcg.	*	†† Including Beta-Carotene, Alpha-Carotene, Zeaxanthin, Ci	уршханиш	
Choline (from 75 mg Choline Citrate/Bitartrate)		*	and additional Lutein and Lycopene.		
PABA (para-aminobenzoic acid)	25 mg.	*			
Boron (as Boron Aspartate/Citrate complex)	0.75 mg.	*			
Vanadium (as Vanadium Krebs†)	25 mcg.	*			

Amino Acids and Enzymes



#### **Ultra Preventive® EZ**

Formula# 200911

120 Tablets / 240 Tablets

A new easy-to-swallow version of our Ultra Preventive® tablets. Ultra Preventive® EZ is a smaller sized tablet containing a natural vanilla-scented coating.

Serving Size 8 Tablets

Serving Size 8 Tablets	
Amount Per Serving	%DV
Vitamin A15,000 IU	300%
(33% as Vitamin A Palmitate [5,000 IU]/ 67% [10,000 IU]	
as Natural Beta-Carotene) from D. Salina with full spectrum carotenoids <sup>++</sup>	
Vitamin C	1,167%
(as Ascorbic Acid/Ascorbyl Palmitate/ Calcium and Magnesium Ascorbate complex)	
Vitamin D-3	250%
Vitamin E (natural, as d-alpha tocopheryl plus mixed tocopherols) 400 IU	1,333%
Thiamine	6,667%
Riboflavin50 mg	2,941%
Niacin/Niacinamide	950%
Vitamin B-6 (as Pyridoxine HCI/Pyridoxal-5-Phosphate Complex) 100 mg	5,000%
Folate (as L-methylfolate, Metafolin®)800 mcg	200%
Vitamin B-12 (methylcobalamin)250 mcg	4,167%
Biotin300 mcg	100%
Pantothenic Acid (as d-Calcium Pantothenate)	5,000%
Calcium	10%
(as Calcium Citrate/Ascorbate/Carbonate Complex)	
lodine (from Kelp)	133%
Magnesium (as Magnesium Aspartate/Ascorbate/Oxide Complex) 100 mg	25%
Zinc (as Zinc Amino Acid Chelate)	167%
Selenium (as Selenium Krebs†/Kelp complex)200 mcg	286%
Copper (as Copper Amino Acid Chelate)	100%
Manganese (as Manganese Aspartate/Sulfate Complex)10 mg	500%
Chromium	167%
(Organically bound with GTF activity-low allergenicity)	
Molybdenum (as Molybdenum Krebs†)	133%
Potassium	2%
(as Potassium Aspartate/Choloride Complex)	
Lutein (natural)6 mg	*
Lycopene (natural)6 mg	*
Zeaxanthin	*
Other Minerals, Nutrients and Trace Elements	
Inositol	*
Trace Elements (from Sea Vegetation) approx. 100 mcg	*
Choline (from 150 mg Choline Citrate/Bitartrate)60 mg	*
PABA (para-aminobenzoic acid)50 mg	*
Boron (as Boron Aspartate/Citrate complex)1.5 mg	*
Vanadium (as Vanadium Krebs†)	*

Amino Acids and Enzymes	
L-Cysteine/N-Acetyl L-Cysteine	4
Betaine (from 150 mg Betaine HCl)	4
Bromelain (2,000 GDU/g)50 mg	4
Glutamic Acid (from 25 mg Glutamic Acid HCl)20 mg	4
L-Methionine	4
Bioflavonoids and Proanthocyanidins	
Rose Hips	4
Lemon Bioflavonoids	4
Red Wine Proanthocyanidins/Pine Bark Extract50 mg	4
Hesperidin35 mg	4
Rutin25 mg	4
Vegetables Fruits and Herbs	
Proprietary Organic Fruit and Vegetable Blend700 mg	4
Organic beet powder (root), Organic carrot powder (root),	
Organic black currant powder (fruit), Organic blueberry powder	
(fruit), Organic broccoli powder (whole plant), Organic Concord	
grape powder (fruit), Organic green cabbage powder (whole plant),	
Organic collard greens powder (leaf), Organic mountain cranberry powder (fruit),	
Organic kale powder (whole plant), Organic Parsley powder (whole plant),	
Organic pomegranate powder (fruit), Organic raspberry powder (fruit),	
Organic spinach powder (whole plant).	
Garlic (bulb, odorless)	4
Cauliflower (entire plant)	4
Spirulina100 mg	4
Chlorella (broken cell wall)100 mg	4
Green Papaya Extract (fruit)	4
Blackberry (fruit)80 mg	4
Celery powder (leaf)70 mg	4
Black radish powder (root)70 mg	4
Apricot powder (fruit)70 mg	4
Green Tea Extract (leaf)50 mg	4
Apple Pectin (fruit)50 mg	4

<sup>\*</sup>Daily value not established.

Other Ingredients: Cellulose, silica, titanium dioxide, dextrose, magnesium silicate, glycerin, caramel color, natural vanilla flavor.

†Krebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex.

††Including Beta-Carotene, Alpha-Carotene, Zeaxanthin, Cryptoxanthin and additional Lutein and Lycopene.

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.





### **Ultra Preventive® 2 Daily**

Formula# 201344 60 Tablets

Ultra Preventive® 2 Daily tablets deliver important vitamins and minerals plus powerful antioxidant support from a proprietary phytonutrient blend of standardized spinach, blueberry and strawberry extracts, carotenoids, and methylated resveratrol in just 2 easy-to-swallow tablets daily. Astaxanthin is included as the most powerful carotenoid antioxidant for healthy aging.† Activated forms of B vitamins in Ultra Preventive® 2-A-Day ensure proper utilization of vitamins.†

Serving Size 2 Tablets • Servings Per Container 30

Amount Per Serving	%DV	
Vitamin A (as natural beta-carotene)	5,000 IU	100%
Vitamin C (as Ascorbic Acid)	120 mg	200%
Vitamin D-3		250%
Vitamin E (as d-alpha tocopheryl succinate)	100 IU	333%
Thiamine (as Thiamine HCl)	25 mg	1,667%
Riboflavin (as Riboflavin-5-phosphate)	10 mg	588%
Niacin/Niacinamide		150%
Vitamin B-6 (as Pyridoxal-5-phosphate)	10 mg	500%
Folate (as L-methylfolate, Metafolin®)	400 mcg	100%
Vitamin B-12 (as methylcobalamin)	250 mcg	4,167%
Biotin		100%
Pantothenic Acid (d-calcium pantothenate)	25 mg	250%
Calcium (as Calcium Citrate/Malate Complex)	50 mg	5%
Magnesium (as Magnesium Citrate)	25 mg	6%
lodine (from kelp)		100%
Zinc (as Opti-Zinc, monomethionine)	15 mg	100%
Selenium (as amino acid chelate)		143%
Copper (as amino acid chelate)	1 mg	50%
Chromium (as amino acid chelate)	120 mcg	100%
Molybdenum (as amino acid chelate)	100 mcg	133%
Potassium (as Potassium Aspartate)		<2%
Choline (as Choline Bitartrate)	60 mg	*
Inositol		*
Lutein	3 mg	*

Lycopene (natural)	3 mg	*
Zeaxanthin	1 mg	*
Astaxanthin	1 mg	*
Pterostilbene (PteroPure™**)	10 mg	*
Proprietary Blend	300 mg	*
Wild Blueberry Extract (fruit, Vaccinium angustifolium, sta	ndardized	
to 4% polyphenols), Strawberry Extract (fruit, Fragaria ve		
standardized to 2% polyphenols), Spinach .Extract (leaf, S	Spinacia oleracea,	
standardized to 1.5% polyphenols).		

\*Daily Value not established

Other ingredients: Cellulose, silica, titanium dioxide, dextrose, magnesium silicate, glycerin, caramel color, natural vanilla flavor.

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

\*\* PTer©PUre© is a trademark of ChromaDex, Inc.



### Ultra Preventive® Kids Orange Flavor

#### Formula# 201034

Ultra Preventive® Kids is a great tasting, chewable multiple vitamin-mineral-trace element supplement designed for children ages four and up. The unique teddy bear shaped chewable tablets provide 28 vitamins, minerals and trace elements in bioavailable forms and nutritionally meaningful amounts. This formulation features a natural orange or natural grape flavor sweetened naturally with organic stevia and xylitol, and includes higher amounts of vitamin D as research indicates this nutrients is important for children's overall health and wellbeing. Ultra Preventive® Kids uses only the purest, most hypoallergenic ingredients and contains no artificial colors, flavors or preservatives.

60 Bear Shaped Chewable Tablets

**Ultra Preventive® Kids** 

(Formula# 201035)

**Grape Flavor** 

\*Same as 201034

Serving Size 2 Bear-Shaped Tablets • Servings Per Container 30

Amount Per Serving		%DV
Calories		
Total Carbohydrates	2 g	<1% <sup>†</sup>
Sugar Alcohols (Xylitol)	0	*
Vitamin A		70%
(29% as Vitamin A Acetate /71% as natural beta-carotene)	)	
Vitamin C	250 mg	417%
(as calcium and magnesium ascorbate/ascorbic acid)		
Vitamin D-3		100%
Vitamin E	30 IU	100%
(as d-alpha Tocopheryl Succinate and mixed tocopherols including alpha, beta, delta and gamma tocopherols)		
Thiamine	3 mg	200%
Riboflavin	1.7 mg	100%
Niacinamide/Niacin	25 mg	125%
Vitamin B-6	2 mg	100%
Folic Acid	400 mcg	100%
Vitamin B-12	6 mcg	100%
Biotin		100%
Pantothenic Acid (as calcium pantothenate)		120%
Calcium(from Calcium Citrate/Ascorbate/Carbonate Complex)	125 mg	13%
lodine (from Kelp)	15 mcg	10%
Magnesium	40 mg	10%
Zinc (from Zinc Aspartate)	2 mg	13%
Selenium (from Selenium Amino Acid Chelate)	20 mcg	29%

Copper (from Copper Amino Acid Chelate)	10% 100%
Chromium Chromium Picolinate) 40 mcg	33%
Molybdenum (from Molybdenum Amino Acid Chelate)	7% <1%
Citrus Bioflavonoids	*
Boron (from Boron Citrate Complex)20 mcg	*
Vanadium (from Vanadium Krebs***)	*
Choline (from choline bitartrate)40 mg	

<sup>†</sup>Percent Daily Values are based on a 2,000 calorie diet.

Other ingredients: Xylitol, cellulose, ascorbyl palmitate, natural orange flavor, purified stevia extract, vegetable stearate, silica and mannitol.

<sup>\*</sup>Daily Value not established

<sup>\*\*</sup> chromax Trademark of Nutrition 21.

<sup>\*\*\*</sup>Krebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex.



**Ultra Preventive® Teen** 



Formula# 201036 180 Tablets

Ultra Preventive® Teen is a unique vitamin-mineral-trace element supplement designed for teenagers. Formulated with increased vitamin D3 and Metafolin® folate.

The EZ swallow tablets are small and naturally coated with a vanilla flavor.

Serving Size 6 Tablets • Servings Per Container 30

Amount Per Serving		%DV
Vitamin A	7,000 IU	140%
Vitamin C (Ascorbic Acid)	500 mg	833%
Vitamin D		150%
Vitamin E (as d-alpha Tocopheryl Succinate)		667%
Thiamine		667%
Riboflavin/Riboflavin-5-Phosphate		588%
Niacinamide/Niacin		125%
Vitamin B-6 (As Pyridoxine HCI/Pyridoxal-5-Phosphate)		500%
Folate (as L-methylfolate, Metafolin®)		100%
Vitamin B-12	0	833%
Biotin		50%
Pantothenic Acid (as calcium pantothenate)		250%
Calcium (from Calcium Citrate/Ascorbate/Carbonate Complex)		30%
lodine (from Kelp)		27%
Magnesium		50%
(from Magnesium Aspartate/Taurate/Ascorbate/Oxide Com		,-
Zinc (from Zinc Amino Acid Chelate)		33%
Selenium		57%
(as Organic Selenium from Selenium Amino Acid Complex)		
Copper (from Copper Amino Acid Chelate)	0.5 mg	25%
Manganese (from Manganese Aspartate/Sulfate Complex)		200%
Chromium (from Chromium Polynicotinate)		33%
Molybdenum (from Molybdenum Amino Acid Complex)		53%
Potassium (from Potassium Aspartate/Chloride Complex)	50 mg	1%
	<u> </u>	
Choline (from Choline Citrate/Bitartrate)	50 mg	*

Inositol	*
Citrus Bioflavonoid Complex	*
Vanadium (from Vanadium Amino Acid Complex)10 mcg	*
Boron (from Boron Aspartate/Citrate Complex)	*
Trace Elements (Mineral Complex with Sea Vegetation)20 mcg	*
L-Cysteine	*
N-Acetyl-L-Cysteine	*
Glutamic Acid	*
Betaine (from Betaine HCl)11 mg	*
Bromelain500 mcu	*

\*Daily Value not established

Other ingredients: Cellulose, dicalcium phosphate, vegetable stearate, silica, dextrose, titanium dioxide, riboflavin, magnesium silicate, glycerin and natural vanilla flavor.

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

# **How to Order with Douglas Laboratories**



Call into our friendly Customer Service professionals to place your orders or to check on order statuses



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# Trust Douglas Laboratories, the choice of thousands of healthcare practitioners for over 50 years.

#### **True Commitment**

Trust Douglas Laboratories for a partnership founded on a heritage of excellence. For more than 50 years, we have been at the forefront of the nutritional health industry, proudly researching, developing and manufacturing superior-quality, science-based dietary supplements to help people improve their health. Proudly earning the trust of thousands of healthcare professionals.

### **True Strength**

Trust Douglas Laboratories for best-in-class, science-based dietary supplements manufactured exclusively for healthcare professionals. We are proud to offer one of the largest and most innovative selections of over 600 premium-quality products and a comprehensive range of galenic forms (dosage and delivery), manufactured at GMP-compliant, state-of-the-art facilities.

### **True Counsel**

Trust Douglas Laboratories for personalized, one-to-one consultation on the latest, most reliable science, for strategies on using nutritional health to complement your practice and for coaching to better advise your patients on the right supplements for them.

### TRUST. IN MANUFACTURING EXCELLENCE

- cGMPs for nutritional supplements in accordance with USP
- NSF® International has registered Douglas Laboratories as a GMP manufacturing facility
- ISO 9001:2008 certification and ISO/IEC 17025:2005 accreditation of in-house laboratories
- Veri-Match electronic label match to formula system to ensure content accuracy
- VCP (Vendor Certification Program) to ensure raw material quality
- FDA Audit Compliant
- Approved facility to produce Certified Organic products
- Approved facility to produce NSF Certified for Sport® products
- Member of Council For Responsible Nutrition
- Danish Medicine Agency GMP Certification



Ultra Preventive® X named NutriSearch GOLD Medal of Achievement™ recipient by NutriSearch Comparative Guide to Nutritional Supplements™:



