

Boswellia-Turmeric Complex

DESCRIPTION

Boswellia-Turmeric Complex contains a high dose combination of two standardized botanical extracts: *Boswellia serrata* and turmeric root, with the addition of Devil's Claw root. This formula can help provide normal recovery support after exercise or activity of the joints and muscles.[†]

FUNCTIONS

Infla-guard is a blend of three standardized botanical extracts which work together to help support the body's natural physiological responses.[†] The combined actions of these extracts helps support and protect the body's connective tissues, such as tendons, ligaments, and cartilage.[†]

Boswellia serrata extract: Purified oleoresin from the *Boswellia serrata* tree, native to India, contains boswellic acids, which have been shown to be responsible for the tissue-protective actions of this extract. Boswellic acids appear to act by inhibiting the production of leukotrienes.[†] Boswellic acids are reported to increase blood supply to joint tissues, thereby supporting normal cartilage synthesis.[†] The extract from *Boswellia serrata* resin, standardized to contain a minimum of 65% boswellic acids, is an integral component in this formulation.

Turmeric root extract: Curcumin is the yellow pigment contained in turmeric (*Curcuma longa*), a popular culinary spice from India. In addition to imparting a characteristic color and flavor to foods, curcumin has antioxidant properties and beneficial action on tissue health. Like boswellic acids, curcumin inhibits mediators, including thromboxanes and leukotrienes. As an antioxidant, curcumin protects against oxidative damage. Additionally, there is evidence that curcumin may strengthen the body's natural physiological responses.[†]

Devil's Claw extract: The tubers of this South African plant are rich in iridoid glycosides, in particular harpagosides. The harpagosides benefit connective tissue metabolism by supporting the immune response to physiological stressors.[†]

INDICATIONS

Boswellia-Turmeric Complex provides a convenient combination of standardized extracts of *Boswellia serrata*, turmeric root, and Devil's Claw for individuals wishing to obtain the benefits of these complementary botanical extracts.

FORMULA (#INF)

Two Tablets Contain:

<i>Boswellia Serrata</i> (gum).....	750 mg
(dried extract, standardized to 65% boswellic acids)	
Turmeric Root, dried extract,.....	750 mg
(standardized to 95% total curcuminoids)	
Devil's Claw Root, dried extract,	100 mg
(standardized to 5% total idoid glycosides expressed as harpagoside)	

Other ingredients: Cellulose, stearic acid, magnesium stearate, ethylcellulose, enteric coating (purified water, ammonium hydroxide, medium chain triglycerides, oleic acid, and sodium alginate)

SUGGESTED USE

Adults take two tablets daily or as directed by a healthcare professional.

SIDE EFFECTS

Boswellia-Turmeric Complex

No adverse side effects have been reported.

STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

REFERENCES

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† These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

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