

Balance Plus™ Providing Omega-3, Omega-6, and Omega-9 fatty acids

DESCRIPTION

Balance Plus™, provided by Douglas Laboratories®, is a combination of nutritionally important, synergistically acting fatty acids: the omega-3 fatty acids from cold water marine fish (eicosapentaenoic acid, EPA; and docosahexaenoic acid, DHA), the omega-6 gamma-linolenic acid (GLA) from evening primrose oil, and the omega-9 oleic acid from olive oil. Balance Plus is now offered as a liquid-filled, two piece capsule.

FUNCTIONS

Typical diets in developed countries deliver large amounts of saturated fatty acids and the polyunsaturated omega-6 linoleic and arachidonic acids, but often not enough of the omega-3 and omega-9 fatty acids. Similar fatty acid imbalances can be the result of consuming very low fat diets. Diets high in linoleic acid (omega-6) and low in omega-3 fatty acids have been shown to promote the formation of the undesired 2-series prostaglandins, thromboxanes and leukotrienes, whereas diets high in omega-3 fatty acids (fish oil, flax seed oil) enhance the formation of desired prostaglandins of the 1 and 3 series. The omega-6 gamma-linolenic acid (GLA from evening primrose oil) is thought to downregulate the actions of excessive dietary linoleic acid. GLA and the omega-3 fatty acids appear to act synergistically in balancing normal immune function.

Thus, a balanced dietary intake of all of these fatty acids appears to be necessary to maintain a normal immune response and support the body's normal inflammatory processes. The omega-3 fatty acids also have important functions for visual acuity and possibly in maintaining already normal blood lipoprotein levels. Balance Plus serves as a pure, natural source of nutritionally beneficial fatty acids that are often hard to obtain from the diet. Rich in omega-3 fatty acids (EPA and DHA) from fish oil, the synergistic GLA from evening primrose oil, and omega-9 oleic acid from olive oil, Balance Plus helps restore balanced fatty acid nutrition. The formula also provides those nutrients that are needed to properly metabolize these fatty acids: niacin, zinc, and vitamins B6, C and E.

INDICATIONS

Balance Plus™ may be a useful dietary supplement for those who wish to increase their intake of nutritionally important fatty acids.

FORMULA (#99825)

Three capliques™ contain:

Omega-3 fatty acids	625 mg
Eicosapentaenoic Acid (EPA)	325 mg
Docosahexaenoic Acid (DHA)	180 mg
Omega-6 fatty acids	227 mg
Gamma-Linolenic Acid (GLA)	63 mg
Omega-9 fatty acids	241 mg
Oleic Acid	200 mg
Vitamin E (d-alpha-tocopherol)	45 IU
Vitamin C (L-ascorbic acid)	187.5 mg
Niacin	15 mg
Vitamin B6 (pyridoxine HCl)	3 mg
Zinc (as zinc gluconate)	3 mg

A Caplique™ is a liquid filled, two-piece capsule sealed with a band.

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SUGGESTED USE

As a dietary supplement, adults take 3 Capliques™ daily as a dietary supplement, or as directed by your health care professional.

SIDE EFFECTS

No adverse side effects have been reported.

STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

REFERENCES

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† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured by
Douglas Laboratories
600 Boyce Road
Pittsburgh, PA 15205
800-245-4440
douglaslabs.com



You trust Douglas Laboratories.
Your patients trust you.