

## Hyaluronic Acid Joint Health

### DESCRIPTION

Hyaluronic Acid, provided by Douglas Laboratories®, supplies 30 mg of non-animal source high molecular weight hyaluronic acid in each tablet.

### FUNCTIONS

During the normal aging process of joints, hyaluronic acid, the fluid that provides lubrication between joints and connective tissue, begins to break down. Hyaluronic acid (HA) is a large polysaccharide found in connective tissue. HA forms large, bulky molecular chains that allow joints to move smoothly and provides a cushion between the joints. † Over time, this fluid begins to lose its bulkiness and may leak from the joints, with the resulting friction causing discomfort. Most research has focused on alleviating the physiological aspects of aging joints; recent technologies are focusing on supplanting the aging fluid with newer fluid. The use of injected hyaluronic acid for aging joints is already sanctioned by the American College of Rheumatology. In addition to injecting HA; new research has focused on using oral forms of hyaluronic acid. Initial studies on horses and humans indicate that the oral form of HA may be useful for joint health. † While more studies are needed to determine the mechanism of action and absorption of HA from the blood, the initial studies indicate a potential use for oral HA in joint health. †

### INDICATIONS

Hyaluronic Acid may be a useful dietary supplement for individuals wishing to support healthy joint function.

### FORMULA (#99154)

1 Tablet Contains:

Hyaluronic Acid .....30 mg  
(non-animal source\*)

\*sourced from fermented potatoes and high molecular weight

### SUGGESTED USE

Adults take 1-2 tablets daily or as directed by a healthcare professional.

### SIDE EFFECTS

No adverse side effects have been reported.

### STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

### REFERENCES

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† These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure, or prevent any disease.

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