

Mega-Min

DESCRIPTION

Mega-Min, provided by Douglas Laboratories, is a comprehensive mineral formula that contains well tolerated and highly absorbable chelated and complexed minerals.

FUNCTIONS

Minerals play a variety of essential roles throughout the body. Calcium is the principal mineral constituent of bone and is thus essential for healthy bone structure and function. Calcium also participates fundamentally in blood clotting, nerve conduction, and muscle contraction. Iodine is necessary for the synthesis of the thyroid hormones thyroxine and triiodothyronine. These thyroid hormones regulate the body's metabolic rate. Magnesium is involved in energy metabolism, and is notably important in the heart, skeletal muscles, and nervous system. Copper regulates iron metabolism and activates superoxide dismutase, a powerful endogenous antioxidant. Zinc is important for growth, immune system function, protein synthesis, antioxidant mechanisms, and wound healing. Chromium is required for normal blood sugar and lipid metabolism; it is an integral component of glucose tolerance factor (GTF). Manganese is essential for antioxidant systems in the body, bone growth, fat metabolism, and protein, nucleic acid, and cartilage synthesis. Potassium is involved in normal muscle tone, nerve function, and many enzymes. Selenium is an essential cofactor of glutathione peroxidase, a potent antioxidant.

INDICATIONS

Mega-Min may be a useful dietary supplement for individuals wishing to supplement their diet with an array of minerals.

FORMULA (#7999)

Two Tablets Contain:

Calcium (Chelate)	1000 mg
Magnesium (Chelate).....	500 mg
Iron (Chelate).....	30 mg
Iodine (Kelp).....	150 mcg
Zinc (Chelate)	22.5 mg
Copper (Chelate)	3 mg
Manganese (Chelate)	10 mg
Potassium (Chelate).....	95 mg
Chromium (Chelate).....	200 mcg
Vitamin D (Fish Liver Oil).....	400 I.U.
Betaine HCl.....	100 mg
Glutamic HCl.....	100 mg
Chloride.....	90 mg
Selenium (Chelate)	100 mcg

SUGGESTED USE

Adults take 2 tablets daily with meals or as directed by physician.

SIDE EFFECTS

No adverse side effects have been reported.

STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

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REFERENCES

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For more information on Mega-Min visit douglaslabs.com

† These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured by
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Your patients trust you.**

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