

## Grape Seed Extract-V

### DESCRIPTION

Grape seed Extract-V, provided by Douglas Laboratories, supplies 100 mg of standardized grape seed extract to supply polyphenol bioflavonoids for support of vascular elasticity and connective tissues.†

### FUNCTIONS

Polyphenols, part of a broad class of bioflavonoids, are commonly found in grape seeds. One type of polyphenols known as proanthocyanidins are highly regarded for their strong antioxidant properties, and for their functions in supporting the body's connective tissues and capillary blood vessel system. Proanthocyanidins are among the most powerful natural free-radical scavengers yet discovered. As such, proanthocyanidins have their own unique place in the body's overall protection against harmful free radical damage. Proanthocyanidins appear to be especially effective in neutralizing highly reactive hydroxyl and singlet oxygen radicals. Both of these reactive oxygen species are involved in inflammatory processes. Proanthocyanidins also support and enhance the activity of vitamin C, and are known for their ability to help support the health of the body's capillary system and connective tissues. Proanthocyanidins have been shown to bind with collagen fibers, thereby protecting them from premature degradation. This helps maintain the natural elasticity of collagen in skin, joints, arteries, capillaries, and other connective tissues.

### INDICATIONS

Grape Seed Extract-V may be a useful dietary adjunct for individuals wishing to supplement their diet with polyphenols to support the vascular system.

### FORMULA (#77342)

One vegetarian capsule contains:

Grape Seed Extract ..... 100 mg

(*Vitis vinifera*)

Standardized to 90% polyphenols

### SUGGESTED USE

Adults take 1 capsule 1-2 times daily between meals or as directed by a healthcare professional.

### SIDE EFFECTS

No adverse side effects have been reported.

### STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

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### REFERENCES

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Cahn J, Borzeix MG.: "Etude de L'administration D'oligomeres procyanidoliques (OPC) chez le rat." Extrait de La Semaine des Hospitaux de Paris . 1983;59:27-28:2031-4.

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**For more information on Grape Seed Extract-V visit [douglaslabs.com](http://douglaslabs.com)**

† These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured by  
Douglas Laboratories  
600 Boyce Road  
Pittsburgh, PA 15205  
800-245-4440  
[douglaslabs.com](http://douglaslabs.com)



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