

Korean Ginseng Max-V

DESCRIPTION

Korean Ginseng Max-V vegetarian capsules, provided by Douglas Laboratories, supplies 200 mg of Korean ginseng (*Panax ginseng*), standardized to 3% ginsenosides.

FUNCTIONS

Korean Ginseng (*Panax ginseng*), also known as Asiatic Ginseng or Chinese Ginseng, has been used for thousands of years in Traditional Chinese Medicine. Originally cultivated for its roots, Korean Ginseng was used as a tonic to rejuvenate and restore a variety of functions. As an adaptogen, Korean ginseng is thought to support the body's response to stress and fatigue. Ginseng's actions in the body are thought to be due to a complex interplay of constituents. The primary group is the ginsenosides, which are believed to counter the effects of stress and enhance intellectual and physical performance. Thirteen ginsenosides have been identified in Korean ginseng. Other constituents include the panaxans, which may help manage blood sugar, and the polysaccharides (complex sugar molecules), which are thought to support immune function.

INDICATIONS

Korean Ginseng Max V may be a useful dietary adjunct for individuals who wish to supplement with this herb.

FORMULA (#77334)

One Vegetarian Capsule Contains:

Korean Ginseng extract (root)..... 200 mg
(standardized to 3% ginsenosides)

In a base of 100 mg non-standardized Korean Ginseng root

SUGGESTED USE

Adults take 1 capsule 1-3 times daily between meals or as directed by a healthcare professional.

SIDE EFFECTS

No adverse side effects have been reported.

STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

REFERENCES

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Kim DH, Moon YS, Jung JS, Min SK, Son BK, Suh HW, Song DK. Effects of ginseng saponin administered intraperitoneally on the hypothalamo-pituitary-adrenal axis in mice. *Neurosci Lett.* 2003 May 29;343(1):62-6.

Wang BX, Cui JC, Liu AJ, Wu SK. Studies on the anti-fatigue effect of the saponins of stems and leaves of *panax ginseng* (SSLG). *J Tradit Chin Med.* 1983 Jun;3(2):89-94.

Yun TK. Brief introduction of *Panax ginseng* C.A. Meyer. *J Korean Med Sci.* 2001 Dec;16 Suppl:S3-5

For more information on Korean Ginseng Max-V visit douglaslabs.com

† These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

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Your patients trust you.**