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This product contains NO yeast, wheat, gluten, soy protein, milk/dairy, corn, sodium, sugar, starch, artificial coloring, preservatives or flavoring.

Suggested Usage: As a dietary supplement, adults take 1 capsule daily or as directed by your healthcare professional.

KEEP OUT OF REACH OF CHILDREN.
For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

Formula #7422

Seleno-Methionine

A Dietary Supplement



250 Capsules

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 250

Amount Per Capsule	%DV
Selenium.....200 mcg	*

*Daily Value not established.

Other ingredients: Cellulose, gelatin (capsule), vegetable stearate.

Manufactured in the USA by:

Douglas Laboratories
600 Boyce Road
Pittsburgh, PA 15205 USA
www.douglaslabs.com
1.800.245.4440

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10539 01680
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Formula #7422

Seleno Methionine

A Dietary Supplement



100 Capsules

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 100

Amount Per Serving	%DV
Selenium.....200 mcg	286%
(from Seleno-Methionine)	

*Daily Value not established.

Other ingredients: Cellulose, gelatin (capsule), vegetable stearate and silica.