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This product contains NO yeast, wheat, gluten, soy, milk/dairy, corn, sodium, sugar, starch, artificial preservatives, artificial flavoring, or genetically modified organisms (GMOs).

5-HTP capsules contain a natural source of L-5-Hydroxytryptophan extracted from the seeds of the Griffonia plant.

**Suggested Usage:** As a dietary supplement, adults take 1 to 2 capsules daily, or as directed by your healthcare professional.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

5HTP

# 5-HTP

A Dietary Supplement



100 Vegetarian Capsules

<b>Supplement Facts</b>	
Serving Size 1 Vegetarian Capsule	
Servings Per Container 100	
<b>Amount Per Serving</b>	<b>%DV</b>
L-5-Hydroxytryptophan.....	50 mg *
*Daily Value not established.	

Other ingredients: Cellulose and vegetable stearate.

Manufactured by:  
**Douglas Laboratories**  
600 Boyce Road  
Pittsburgh, PA 15205 USA  
[www.douglaslabs.com](http://www.douglaslabs.com)  
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