

Basic Preventive® 3 Multiple Vitamin-Mineral-Trace Element Supplement

DESCRIPTION

Basic Preventive® 3, provided by Douglas Laboratories®, is a comprehensive, highly concentrated vitamin-mineral-trace element supplement containing more than 30 essential nutritional ingredients. Basic Preventive 3 is more than just another multivitamin supplement. It is a potent antioxidant formula with natural beta-carotene and natural vitamin E; a high-potency B-complex supplement; a significant source of bioavailable calcium and magnesium; and a full-spectrum trace element supplement. Basic Preventive 3 uses only the purest, most hypoallergenic ingredients and contains no yeast; corn; wheat; sugar or other sweeteners; artificial colors, flavors or preservatives. This formula contains iron and copper.

FUNCTIONS

Studies show that a high percentage of adults and children in North America and other developed countries eat less than the minimum daily allowance of 10 or more essential nutrients. Adequate amounts and proper balance of these nutrients are needed for maintaining good health.

Basic Preventive 3 has been carefully developed to contain the right proportions of vitamins, minerals, and trace elements without danger of toxic build-up and without side effects. Each ingredient is selected in consideration of its absorbability, competitive relationship with other nutrients, allergenic potential, and long-term safety. Beta-carotene, vitamin C, vitamin E and B-complex vitamins are included in high-potency amounts because of the vital roles they play in antioxidant protection, energy production and maintenance of healthy blood cells, nervous system, hormonal balance, and more. Minerals and trace elements are provided in their safest and most bioavailable forms, such as amino acid chelates and other scientifically validated and clinically superior forms.

INDICATIONS

FORMULA (#201385)

Six Tablets Contain:

Vitamin A (as Acetate and fish liver oil)	10,000 I.U.
Natural Beta-Carotene	15,000 I.U.
Vitamin D ₃	100 I.U.
Vitamin E (d-alpha tocopheryl succinate)	400 I.U.
Vitamin K ₁ (phytonadione)	60 mcg
Vitamin C (L-ascorbate)	1,200 mg
Vitamin B ₁ (thiamine mononitrate)	100 mg
Vitamin B ₂ (riboflavin)	50 mg
Niacin	50 mg
Niacinamide	150 mg
Pantothenic acid (d-calcium pantothenate).....	400 mg
Vitamin B ₆ (pyridoxine HCl)	50 mg
Folic acid	800 mcg
Vitamin B ₁₂ (on ion exchange resin)	100 mcg
Biotin	300 mcg
Choline (bitartrate)	150 mg
Calcium (citrate, ascorbate)	500 mg
Magnesium	500 mg
(aspartate-ascorbate complex, amino acid chelate, oxide)	
Potassium (aspartate-ascorbate/chloride complex).....	99 mg
Iron (carbonyl).....	20 mg
Copper (amino acid chelate).....	2 mg
Manganese (amino acid chelate).....	20 mg
Zinc (amino acid chelate).....	20 mg

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Iodine (kelp)	150 mcg
Chromium (ChromeMate®***)	200 mcg
Selenium (amino acid complex).....	200 mcg
Molybdenum (amino acid chelate).....	150 mcg
Vanadyl Sulfate (39 mcg elemental vanadium)	200 mcg
Boron (aspartate-citrate).....	2 mg
<i>Other Nutrients:</i>	
PABA (para-amino benzoic acid).....	50 mg
Inositol.....	50 mg
Citrus bioflavonoids.....	100 mg

***U.S. Patent Number 4,923,855 InterHealth Co.

Other ingredients: Cellulose, croscarmellose sodium, vegetable stearate, silica, water, titanium dioxide, dextrose, cellulose, magnesium silicate, calcium carbonate, glycerin and beet root.

SUGGESTED USE

Two tablets three times daily with meals, or as directed by a healthcare professional.

SIDE EFFECTS

No adverse effects have been reported.

STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

REFERENCES

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 Davis BP et al: Enhanced absorption of oral vitamin B12 from a resin ascorbate administered to normal subjects. Manip Physiol Ter 1982;5:123-127.
 Holmes RP, Kummerow FA: The relationship of adequate and excessive intake of vitamin D to health and disease. Am Coll Nutr 1983;2:172-199.
 Sullivan J: Iron and the difference in heart disease risk. Lancet 1981;1:1293-1294.

For more information on Basic Preventive® 3 visit douglaslabs.com

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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**You trust Douglas Laboratories.
 Your patients trust you.**