

## Ultra Preventive® Kids Grape Flavor

### DESCRIPTION

Ultra Preventive Kids provided by Douglas Laboratories® is a great tasting, chewable multiple vitamin-mineral-trace element supplement designed for children ages four and up. The unique teddy bear shaped chewable tablets provide 28 vitamins, minerals and trace elements in bioavailable forms and nutritionally meaningful amounts.

Ultra Preventive Kid is more than just another children’s multivitamin-mineral supplement. Research shows that going beyond RDA amounts of many vitamins may have significant positive effects on the structure and function of growing bodies. Ultra Preventive Kids provide important antioxidant vitamins C and E, a complete vitamin B complex, easily absorbable calcium and magnesium, as well as a full spectrum of bioavailable trace elements. In fact, Ultra Preventive Kids is one of the most complete children’s chewable multivitamin/mineral formulas on the market. This new improved formulation now features a natural orange or grape flavor, naturally sweetened with purified stevia and xylitol, and higher amounts of vitamin D and added choline, as research indicates both of these nutrients are important for children’s overall health and wellbeing. Ultra Preventive Kids uses only the purest, most hypoallergenic ingredients and contains no artificial colors, flavors or preservatives.

### FUNCTIONS

Studies show that a high percentage of children in North America and other developed countries eat less than the minimum daily allowance of many essential nutrients. Adequate amounts and proper balance of these nutrients are needed not only for maintaining good health, but also for satisfying the special nutritional demands of growth and development during childhood. Ultra Preventive Kids has been carefully designed and formulated to contain the right proportions of vitamins, minerals, and trace elements without danger of toxic build-up and without side effects. Each ingredient is selected in consideration of its absorbability, competitive relationship with other nutrients, taste, allergenic potential, and long-term safety. Additional vitamin D has been added to this formula, as new research indicates that both children and adults may not receive enough of this nutrient due to reduced sun exposure and limited dietary sources. Vitamin D plays many roles in the body and is vital for supporting strong healthy bones. Choline, a nutrient related to B vitamins, is important for optimal neurological and liver health and is especially needed for children’s healthy, growing bodies.

### INDICATIONS

Ultra Preventive Kids is ideal for children that are at risk for vitamin, mineral and trace element deficiencies due to sub-optimal dietary intake, and life style.

### FORMULA (#201035)

2 Bear-Shaped Tablets Contain:

Calories .....	5
Calories from Fat.....	0
Total Carbohydrates.....	2 g
Sugar Alcohols (Xylitol) .....	2 g
Vitamin A.....	3,500 IU
(29% as Vitamin A/71% as natural beta-carotene)	
Vitamin C (ascorbic acid) .....	250 mg
Vitamin D-3.....	400 IU
Vitamin E .....	30 IU
(as d-alpha Tocopheryl Succinate and mixed tocopherols including alpha, beta,delta and gamma tocopherols)	
Thiamine.....	3 mg
Riboflavin.....	1.7 mg

**Ultra Preventive® Kids**

**Grape Flavor**

Niacinamide/Niacin.....	25 mg
Vitamin B-6.....	2 mg
Folic Acid.....	400 mcg
Vitamin B-12.....	6 mcg
Biotin.....	300 mcg
Pantothenic Acid .....	12 mg
(as calcium pantothenate)	
Calcium.....	125 mg
(from Calcium Citrate/Ascorbate/Carbonate Complex)	
Iodine (from Kelp).....	15 mcg
Magnesium.....	40 mg
(from Magnesium Aspartate/Ascorbate/Oxide Complex)	
Zinc (from Zinc Aspartate).....	2 mg
Selenium.....	20 mcg
(from Selenium Amino Acid Chelate)	
Copper.....	0.2 mg
(from Copper Amino Acid Chelate)	
Manganese.....	2 mg
(from Manganese Amino Acid Chelate)	
Chromium (Chromax **).....	40 mcg
(from Chromium Picolinate)	
Molybdenum.....	5 mcg
(from Molybdenum Amino Acid Chelate)	
Potassium.....	10 mg
(from Potassium Aspartate/Chloride Complex)	
Citrus Bioflavonoids.....	10 mg
Boron (from Boron Citrate Complex).....	20 mcg
Vanadium .....	3 mcg
(from Vanadium Krebs***)	
Choline (from choline bitartrate).....	40 mg
Other ingredients: Xylitol, cellulose, ascorbyl palmitate, natural orange flavor, purified stevia extract, vegetable stearate, silica and mannitol.	

**SUGGESTED USE**

Children take 2 tablets daily with meals or as directed by physician.

**SIDE EFFECTS**

No adverse side effects have been reported.

**STORAGE**

Store in a cool, dry place, away from direct light. Keep out of reach of children.

**REFERENCES**

Albertson AM, Tobelmann RC, Engstrom A, Asp EH. Nutrient intakes of 2- to 10-year-old American children: 10-year trends. J Am Diet Assoc 1992;92:1492-6.  
 American Academy of Pediatrics, Committee on Nutrition. Pediatric Nutrition Handbook, Barnes LA, 1993.  
 Berenson GS, Srinivasan SR, Nicklas TA. Atherosclerosis: a nutritional disease of childhood. Am J Cardiol 1998;82:22T-29T.  
 Breslow RA, Subar AF, Patterson BH, Block G. Trends in food intake: the 1987 and 1992 National Health Interview Surveys. Nutr Cancer 1997;28:86-92.

## Ultra Preventive® Kids Grape Flavor

Lee WT, Leung SS, Leung DM, Tsang HS, Lau J, Cheng JC. A randomized double-blind controlled calcium supplementation trial, and bone and height acquisition in children. *Br J Nutr* 1995;74:125-39.

Lee WT, Leung SS, Leung DM, Wang SH, Xu YC, Zeng WP, Cheng JC. Bone mineral acquisition in low calcium intake children following the withdrawal of calcium supplement. *Acta Paediatr* 1997;86:570-6.

National Research Council, Food and Nutrition Board. Recommended Dietary Allowances. National Academy Press, Washington DC, 1989.

Nicklas TA. Dietary studies of children: the Bogalusa Heart Study experience. *J Am Diet Assoc* 1995;95:1127-33.

Pennington JA. Intakes of minerals from diets and foods: is there a need for concern? *J Nutr* 1996;126:2304S-2308S.

Pennington JA, Schoen SA. Total diet study: estimated dietary intakes of nutritional elements, 1982-1991. *Int J Vitam Nutr Res* 1996;66:350-62.

Riordan DJ. Effects of orthodontic treatment on nutrient intake. *Am J Orthod Dentofacial Orthop* 1997;111:554-61.

### For more information visit [douglaslabs.com](http://douglaslabs.com)

† These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured by  
Douglas Laboratories  
600 Boyce Road  
Pittsburgh, PA 15205  
800-245-4440  
[douglaslabs.com](http://douglaslabs.com)



**You trust Douglas Laboratories.  
Your patients trust you.**

© 2013 Douglas Laboratories. All Rights Reserved