

**Ultra Preventive® III**  
**Multivitamin/mineral**

**DESCRIPTION**

Ultra Preventive® III by Douglas Laboratories provides a comprehensive vitamin/mineral/trace element formula with bioavailable forms to support optimal health and wellness.

Ultra Preventive® III contains Metafolin®, a patented, natural form of (6S) 5-methyltetrahydrofolate (5-MTHF) as well as 1,000 IU of vitamin D3 per serving. 5-MTHF is the naturally occurring, predominant form of folate commonly found in cells and is essential for overall health, as it participates as a cofactor in a reaction that involves the remethylation of homocysteine to methionine. Unlike synthetic folic acid, 5-MTHF can be used directly by the body, without the need for an additional conversion via the enzyme (5,10-methylenetetrahydrofolate reductase (MTHFR)). In certain populations, the body's ability to convert folic acid to 5-MTHF by use of this enzyme may be compromised due to genetic differences. Metafolin® contains only the S isomer of 5-MTHF and has been shown to be the only form of folate to be able to cross the blood-brain barrier.

**FUNCTIONS**

Studies show that a high percentage of adults and children in North America and other developed countries eat less than the minimum daily allowance of 10 or more essential nutrients. Adequate amounts and proper balance of these nutrients are needed not only for maintaining good health, but also for the dietary management. Ultra Preventive® III has been carefully developed to contain all the essential vitamins, minerals, and trace elements. Each ingredient is selected in consideration of its absorbability, competitive relationship with other nutrients and allergenic potential. Certain nutrients such as beta-carotene, vitamin C, vitamin D, vitamin E, B-complex vitamins and specific minerals are included in high-potency amounts because of the vital roles they play in antioxidant protection, immune support, energy production and maintenance of healthy blood cells, nervous system, hormonal balance, and more. Minerals and trace elements are provided in their safest and most bioavailable forms, such as amino acid chelates and other scientifically validated and clinically superior forms.

**INDICATIONS**

Ultra Preventive® III is ideal for individuals with vitamin, mineral and trace element deficiencies due to sub-optimal dietary intake, age and life style.

**FORMULA (#200568)**

6 Tablets Contain:

Vitamin A .....	25,000 IU
(40% as Vitamin A Palmitate/60% [15,000 IU] as Beta-Carotene)	
Vitamin C (Ascorbic Acid).....	1,200 mg
Vitamin D-3.....	1,000 IU
Vitamin E (as Vitamin E Succinate) .....	400 IU
Thiamine (as Thiamine HCl) .....	100 mg
Riboflavin.....	50 mg
Niacin/Niacinamide.....	190 mg
Vitamin B-6 (as Pyridoxine HCl/ .....	100 mg
Pyridoxal-5-Phosphate Complex)	
Folate (as L-methylfolate, Metafolin®) .....	800 mcg
Vitamin B-12 (as cyanocobalamin) .....	100 mcg
Biotin.....	300 mcg
Pantothenic Acid .....	500 mg

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(as d-Calcium Pantothenate)

Calcium .....	500 mg
(from Calcium Citrate/Ascorbate/Carbonate Complex)	
Iodine (from Kelp).....	200 mcg
Magnesium .....	500 mg
(as Magnesium Aspartate/Ascorbate/Oxide Complex)	
Zinc (from Zinc Amino Acid Chelate) .....	25 mg
Selenium .....	200 mcg
(Organic Selenium from Krebs† Cycle and Kelp)	
Manganese .....	20 mg
(from Manganese Aspartate/Sulfate Complex)	
Chromium .....	200 mcg
(Organically bound with GTF activity—low allergenicity)	
Molybdenum .....	100 mcg
(from Molybdenum Krebs†)	
Potassium.....	99 mg
(from Potassium Aspartate/Chloride Complex)	
Choline .....	60 mg
(from Choline Citrate/Bitartrate)	
Inositol .....	100 mg
Citrus Bioflavonoid Complex .....	100 mg
PABA (para-Aminobenzoic Acid) .....	50 mg
Vanadium (from Vanadium Krebs†).....	50 mcg
Boron .....	1.5 mg
(from Boron Aspartate/Citrate Complex)	
Trace Elements .....	100 mcg
(from Sea Vegetation)	
L-Cysteine/N-Acetyl-L-Cysteine .....	200 mg
L-Methionine.....	12.5 mg
Glutamic Acid .....	20 mg
(from Glutamic Acid HCl)	
Betaine (from Betaine HCl) .....	114 mg

†Krebs = Citrate, Fumarate, Malate, Glutarate, and Succinate complex

Metabolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

**SUGGESTED USE**

Adults take 6 tablets daily with meals or as directed by a healthcare professional.

**SIDE EFFECTS**

No adverse side effects have been reported.

**STORAGE**

Store in a cool, dry place, away from direct light. Keep out of reach of children.

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### REFERENCES

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† These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure, or prevent any disease.

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Your patients trust you.**